



## Local merchants regret selling cursed monkey paw to students

By CLAIRE VOYANT  
Editorial@lhvc.com

With virtually all area economic activity at a halt due to coronavirus restrictions, Jim and Mary Good of Good Find Antique Store in Niwot (666 2nd Ave.) said they are now having second thoughts about selling a cursed monkey's paw to a group of local high school students, who told the pair they needed the mummified relic for "research purposes."

"They said they wanted to examine the ugly thing as part of some video project or something or other," Mary Good said about the shriveled, disembodied hand. "Said they needed it to complete something called a TikTok or they wouldn't get their fancy diplomas. Next thing you know, there's a global pandemic, and all the schools and stores are closed, and there's nothing to do but stay home all day and watch Netflix."

The Goods first received the slightly singed paw several de-



Courtesy Photo

An artist's depiction of the allegedly cursed antique that local students used to get another week of spring break.

acades ago from Mr. and Mrs. White, a local retired couple who lost their son, Herbert, in an industrial accident. Jim Good said he remembered the Whites as hard-working, though a little "credulous," and said they received a rather large settlement from Herbert's employer after his mysterious death.

"I think they got enough to pay off the mortgage on their house," Jim recalled.

According to the Goods, the paw sat on a shelf in the store's back room for years, seemingly forgotten, until the students unearthed it late last year. Mary

said they were initially reluctant to sell such an item to the teenagers, but decided to go ahead with the lucrative deal after the group promised to be "sensible."

"At the time, we thought it was a good way to end 2019," Jim said.

The Goods have since been forced to close their shop due to Boulder County's stay-at-home order, which asks residents to remain in their neighborhood, except to get "essentials," such as food and medicine. Mary Good said the unexpected respite has been "good for my health and well-being," but threatens the couple's pending retirement plans.

"After 35 years of doing the back-breaking work of running this store, we were finally ready to take up lives of leisure near our grandchildren," she said, adding that the projected month-long shutdown will wipe out their savings. "Now that's all on hold, and I don't know if we'll even have a store after all this."

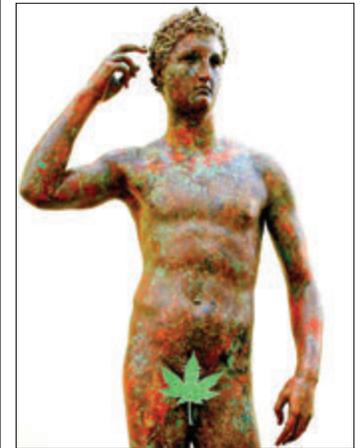
As for the four students who purchased the paw, they've since issued an apology, saying that it was a "joke that got out of hand."

"We didn't, like, really think that the old monkey's paw we found at Good Deal Antiques was like, legit cursed or anything," local senior Will Jacobs said. "Like, we didn't actually think any of those things Mr. Good told us were true, you know. It's not like we believe in magic."

Jacobs said he and his friends stumbled upon the small, leathery artifact when searching through the downtown Niwot antique store for "stuff from the olden times, like the 50s or 60s," to use in videos on the social media network TikTok. The shriveled, four-fingered paw fit the bill nicely, and the resulting clip showing the four seniors hefting the hairy object and wishing for an extended spring break was

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## Family friendly and 'green' statues coming soon



Courtesy Photo

A new sculpture, by renowned sculptor Angelomichaelli, will soon be installed at Niwot's Sculpture Park at 79th Street and Niwot Road by the Popular Culture Committee. The artwork is titled, "What Now, Niwot?" and was commissioned by the PC Committee. An anonymous caller demanded that a fig leaf be strategically placed on the sculpture "to avoid offending the sensibilities of the community." In an abundance of caution to avoid offending anyone, the PC Committee agreed to comply with the request; however, when a fig leaf could not be located, a locally grown substitute was added.

By NELLIE NIBNOSE  
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There's a new statue coming to town. The female statuette is getting her male companion at Niwot's Sculpture Park.

But in a nod to Victorian sensibilities, there will be a slight alteration to both the male and female forms. "We've received several suggestions, which read more as complaints, about the visibility of certain portions of the statues," according to Prudence Peccadillo of the Popular Culture Committee (PC Committee). "As a result, the PC Committee has gone back in history and looked at how those fun-loving Victorians handled nudity. For them, a fig leaf was the order of the day."

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## "Anchorman" star happy to see renaming of Niwot's Burgundy Park



Courtesy Photo

Artist's rendering of new Ron Burgundy Park sign.

By PATRICIA LAUGHIN  
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He can't be here in person due to the coronavirus, but the star of the movie, "Anchorman:

The Legend of Ron Burgundy," is sending his blessing to Niwot residents as they add Ron to the name of the Burgundy Park neighborhood.

"It's about time," said Will

Ferrett, who played Ron Burgundy in the 2004 film. He recalled a line from the movie that explains why he thinks it is 16 years late. "I don't know how to put this, but I'm kind of a big deal. People know me. I'm very important. I have many leather-bound books and my apartment smells of rich mahogany."

The actor regrets not being able to break a glass of champagne over the red sandstone sign that marks the entrance to the neighborhood south of Niwot Road, across from the gas station and market.

"Son of a bee-sting," said Ferrett, quoting another classic Burgundy line, "I'd be there if I wasn't locked down in a glass

case of emotion."

He even got a haircut to tame his curly, graying locks in advance of the renaming event, which was originally scheduled for this week. "Sweet Lincoln's mullet! It's a shame you can't see how good I look," said Ferrett.

The comedy legend commends the HOA for giving his iconic character his due, and invites local residents to come by and see the new sign, which will be unveiled on April 1st. "Don't act like you're not impressed," he said.

In these difficult times, Ferrett reminds his fans to be kind to one another and "stay classy."

## Area businesses taking advantage of “daiquiri delivery” loophole

By Topsy Sipper  
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An emergency coronavirus response measure that Colorado Governor Jared Polis rolled out this week has an unexpected loophole, and local businesses are rushing to be the first to corner a new market.

The initial “stay at home” order by Denver’s mayor Michael Hancock, which went into effect on March 24, at 5 p.m., caused a panic and rush to liquor and pot stores, which were initially set to be closed under the order.

Governor Polis extended the order to the entire state on Thursday, March 26, at 6 a.m.

In an effort to decrease panic buying of alcohol and pot, however, it appears that an inadvertent typo in a draft text of the State of Colorado order has created a loophole that now al-



Photo by Eleanor Sewell

*Daiquiris and other alcoholic beverages will soon be delivered to all Colorado residents by order of Gov. Jared Polis.*

lows business owners to deliver craft cocktails directly to homes.

According to a memo leaked from an anonymous staffer in the State of Colorado Liquor and Tobacco Enforcement Division, obtained by the “Left Hand

Valley Courier” this week, the state was attempting to avoid the kind of panic buying caused by Denver’s earlier order.

“Liquor stores are to remain open with strict social distancing measures in place” the state memo said.

In the margin of the document, however, there is a handwritten note in red ink. According to the anonymous tipster, the note was written by the governor himself: “Let them have their daiquiris.”

It goes on to say, “We might as well deliver the daiquiris straight to their homes; it’s safer that way.”

As of press time, Governor Polis had not responded to a request for an interview.

The content of the internal memo somehow made it into the text of the official order which simply lists “Daiquiri delivery” as essential services.

Niwot business owner Rhum

Punch didn’t waste any time, expanding his interpretation of the new rule to include margaritas, mojitos, and whiskey sours. “They are all basically daiquiris, with liquor, lime, and sugar,” said Punch.

Punch is currently mixing and blending drinks out of his condo behind the Niwot Market, but orders are surging so he expects to expand to a commercial kitchen facility and hire three to five new delivery drivers this week.

## MJ LEAF

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“We are happy to say that we are updating the process to make it more 21st century friendly,” she continued. “In a nod to our most important economic sector, we’re adding a cannabis leaf. We used to call it ‘marijuana’ back in my younger days, but now the PC term seems to be ‘cannabis.’ We all believe that this is more palatable.”

The practice of covering stone private parts actually predates the stuffy Victorians. Pope Innocent X started the practice in the 17th century with chiseling off the offending “naughty bits.” Michelangelo had issues with Pope Julius II over the “scandalous” nudity of the Sistine Chapel ceiling. Even his famed David sculpture was not immune, as a fig leaf plaster cast was placed over David’s famous “junk” in the Cast Courts in the Victoria and Albert Museum. Even though that David was a copy, the message was loud and clear.

Almost as much care will be taken in replicating the pot leaf as is going into the statues, according to the PC Committee. Various strains of ganga will be studied, with special attention paid as to whether a Humboldt County, Calif. or the hardier Delta, Colo. version will be used. Best of all, this grass won’t need watering or “weeding.”

In either case, Colorado’s second state song, “Rocky Mountain High”, will be played at the unveiling. “While ‘Oh Colorado’ is the original state song,” Peccadillo said, “everyone knows what John Denver was really singing about.”

## STUDENT WISH

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viewed more than 3.5 million times through last month.

“I guess people on TikTok liked it,” Jacobs said. “It, like, low key went viral.”

Though the group was stunned and elated when St. Vrain Valley Schools first announced a two week district-wide closure on March 12, the abrupt “coronation” hasn’t exactly lived up to their expectations.

“I was like ‘Oh my God, it worked, I can totally go skiing for two weeks’ when I first heard about school getting canceled, but then I was like ‘OMG, this is such a bummer,’” senior Genie Grant said. “I’ve been stuck at my house, and my dad is here all the time since his restaurant closed, my older brother is back from college, and, like, I have to help watch my little sister, who’s like super annoying. Now I have to do these weird online classes, and it doesn’t seem like there’s any point.”

Jacobs is also upset that prom, senior night and graduation — “the best things about high school” — are also potentially threatened, not to mention numerous athletic, music, and other events. He also worries he won’t have much time to spend with his friends or girlfriend in person before he heads off to college in the fall.

“It’s supposed to be the best time of our lives, but it sure doesn’t feel that way right now,” he said. “I guess we’ll have a good story to tell our kids, if we grow up to have any.”

According to Jacobs, the monkey’s paw is currently in a safe, but undisclosed location. He said he has no plans to use it again, but wants to be sure it doesn’t fall into irresponsible hands.

“There’s no telling what could happen if someone selfish used this for evil purposes,” he said. “That might cause a real problem.”

## Significant controversy surrounds prairie dog social distancing measures

By Hawk Strike  
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New measures by Boulder County to enforce prairie dog social distancing are facing blazing criticism from scientists and citizens alike.

The county commissioners last week announced the new decree, aimed at “helping the small creatures in our county show solidarity with the humans who have been enduring increasingly extreme social distancing and stay-at-home measures,” according to Boulder County Manager Barbara “Red” Taype.

The measure, which calls for a \$10,000 budget to build walls in county prairie dog holes, as well as increased Boulder County Parks & Open Space staffing for patrols of local prairie dog village areas, is being called “stupid” and “downright thick-headed” by prairie dog community activist Dawn Silvermoon.

Taype defended the measure in an exclusive interview with the “RightHand Valley Courier”, saying, “Prairie dogs are known to carry plague, and God knows we don’t need that on top of ev-



Photo by Nellie Nibnose

*These prairie dogs have not yet instituted new social distancing rules mandated by Boulder County Parks & Open Space*

erything else we’re going through right now as a county.”

While prairie dog issues are known to raise controversy in Boulder county, this particular measure seems to be earning an unusual amount of ire.

“Every idiot knows prairie dogs can’t get COVID-19” said Silvermoon. “This new effort is disrupting prairie dog community life and well-being with significant and destructive — not to mention unnecessary — construction projects in a sensitive habitat. I think it’s part of a conspiracy to interfere with prairie dogs’ natural mating habits. It’s another cruel and thinly-veiled attempt at eradication.”

Silvermoon continued, “Why

are we spending money on enforcement efforts in prairie dog villages, at a time like this?”

University of Colorado Boulder professor of non-human mammalian linguistics Richard Cynonyms agrees. Cynonyms has dedicated his research efforts and 20-year career to learning and understanding the language of the prairie dogs.

“We’re already seeing severe and lasting psychological damage on those prairie dog individuals in communities that are being forcibly social-distanced” said Cynonyms. “Nothing is more important to these lovely and complex animals than community interactions, so to speak, and we can’t just go in and build walls between them without expecting to see profound impacts.”

County Manager Taype disagreed, saying, “This really was an essential measure for Boulder County to take. We were faced with a decision to either let prairie dogs simply live their lives, or to enforce measures that mirror those we humans are having to endure.”

“The decision was

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# LEFT HAND VALLEY COURIER



**SPORTS**  
College athletes cope with Lost to lost  
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Volume 24, Issue 14

Wednesday, April 1, 2020

## Locals answer the call to make face masks



Photo courtesy Sandy Rozzelle

Medical support staff in Maryland wear homemade masks from Niwot.

By PATRICIA LOGAN  
Editorial@lhvc.com

Two pieces of blue-floral cotton, thread, elastic, experi-

enced hands and a caring heart. That may be all that separates sickness from health and life from death for cancer patients and workers at a hospital in

Maryland.

"These are very, very sick patients. We don't want to spread anything to them," said Sandy Rozzelle, whose job is to get medicine for cancer patients. "We want them to be safe, as well as us too."

Rozzelle wouldn't normally wear a protective mask for her job at Frederick Health Hospital. But these are extraordinary times. She is grateful that Niwot resident Diane Zimmermann is sewing masks for her and others who want the added layer of protection for patients and themselves. Her hospital is reserving its tight supply for medical personnel who are in direct contact with patients.

The Niwot-Maryland connection seems unlikely. It came

through Zimmermann's sister, who is friends with Rozelle. They all grew up in the same neighborhood, never knowing how their skills would intersect later in life.

"It's an absolutely wonderful thing for people to do what they can to help everybody out. Everybody has a talent, hers is sewing," said Rozelle.

Zimmermann has been a seamstress since she was 13. It's mostly a hobby, though she has sold home decor pieces. She's one of many sewers who have answered the call to make protective masks as parts of the nation face a dire shortage.

"I thought, holy cow, I can totally do that," Zimmermann said. "I'm sitting here feeling helpless and that, I can do."

Supplies are tight for health-care workers making it even harder to get protective gear for those on the periphery of the medical system or in other jobs where masks could reduce transmission of the coronavirus.

"I can keep myself busy and help with the safety of people in my community," she said. "It makes me feel good, but more than anything it makes me feel useful." Zimmermann can make close to 50 masks in a day and has given most away in Colorado.

Word of mouth and social media have helped her distribute the free masks to local individuals who are especially

*Continued on Page 7*

## A bear 'hunt' engages kids and connects the community



Courtesy photo

Children's classic "We're Going on a Bear Hunt" inspired a new game for kids who are confined to their own neighborhoods for the next few weeks.

By PATRICIA LOGAN  
Editorial@lhvc.com

An unusual number of bears are showing up in local neighborhoods this spring. Desperate measures are being taken as families enlist their children to hunt a variety of species such as Teddy, Panda and Pooh.

The fuzzy ursine have emerged from numerous human dens, pressing their plastic noses against windows, signaling the start of "hunting" season.

It began after a social media post on Nextdoor by Amanda Dean, who shared the idea that was inspired by a children's book, "We're Going on a Bear Hunt." She thought it would help entertain her nine-year-old son and other families who need something to do while they hunker down due to the coronavirus.

"Let's be honest, it isn't really appealing for kids to go for a walk. You get the big groan,"

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## COURIER GOING ONLINE ONLY

Dear Readers,

**In an effort to survive in the current COVID-19 economy, the Left Hand Valley Courier will change to an on-line only format as of the April 15 issue. We have brought local news to your doorstep for 23 years, but times have changed, and after April 8, the Courier will arrive ONLY on your computer, ipad, or cell phone.**

**And, for the first time, we are asking readers to pay for the content in the Courier by subscribing. For 23 years, our adver-**

**tisers have been our sole source of income, enabling us to pay for printing and delivery costs. That is no longer the case as many of our loyal advertisers are also in survival mode.**

**To read the Courier, after April 8, you will need to subscribe on-line, which you may do by the month, or per article. Monthly subscribers will be able to view and download a complete copy of the Courier at [www.LHVC.com](http://www.LHVC.com). We currently deliver 6,000 newspapers in Niwot and Gunbarrel. We need at least 300**

**on-line monthly subscriptions to be able to pay our staff.**

**We have assembled one of the strongest staffs of writers, editors and advertising representatives we have ever had. These folks are your friends and neighbors. We hope you value their contributions to the community as much as we do.**

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Published weekly in Niwot, Colorado by LEFT HAND VALLEY PUBLISHING, L.L.C. Member Colorado Press Association.

**Many local businesses still considered essential**

COURIER STAFF  
 Editorial@lhvc.com

The statewide shutdown ordered by Governor Jared Polis on March 26th in order to stem the spread of COVID-19 exempted several businesses still considered "essential," allowing them to remain in operation, as long as they institute proper social distancing measures when conducting transactions. This includes grocery stores, pharmacies, restaurant pick-up and delivery, and many more.

The retail and service firms listed below are still open for business as of press time, so be sure to check for updated hours before heading out, as conditions are subject to change. Also, many of the area's shuttered retail shops are still fulfilling online orders, so

be sure to check out your favorite store's website for updates, or consider buying gift cards or certificates for future use.

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**Niwot Real Estate**  
 Pat Murphy  
 303-652-2626 niworealty.com

**Edward Jones (Dan Hawk)**  
 Call or email with questions/concerns  
 303-652-4161 dan.hawk@edwardjones.com

**Niwot Market**  
 7 a.m. - 6 p.m.  
 Offering delivery in Niwot from 5 - 7 p.m.  
 303-652-0919 or email alison@niwotmarket.com

**Bank of Estes Park**  
 The lobby is closed, but the bank is accepting transactions through the night depository or in person through the gated area.  
 303-652-8082 bankofestespark.com

**Flatirons Pharmacy**  
 Open but encouraging people to use their free delivery.  
 303-827-3480 flatironsrx.com

**Niwot Post Office**  
 Open and taking necessary hygienic measures.  
 800-275-8777

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Niwot Historical Society  
**NOW & THEN**  
 2020 Lecture Series UPDATED

The lecture that was planned for Wednesday, April 29 has been rescheduled for November 11. The updated lecture schedule is:

- ~ Wednesday, September 30  
*The Switzerland Trail, Railroad*
- ~ Wednesday, October 21  
*Women's Suffrage, Centennial Anniversary*
- ~ Wednesday, November 11  
*From Desert to Oasis: A Land Made From Water*

Niwot Historical Society  
 P.O. Box 354, Niwot, CO 80544-0354  
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# It all goes to the dogs

## A fundraising yard sale is ramping up as we hunker down



Courtesy photo

Volunteers at the 2018 Cause4Paws annual yard sale are from left to right, Jessica Crider, Denise Huff, Laurel fox, Scott Ingram, Jessica Breneisen, Amy Bennett, Maddison Ingram and Stef Klatt. Items are being accepted for this year's sale, to be held in August or September. The event will donate proceeds to One Dog at a Time Colorado.

By VICKY DORVEE  
Editorial@lhvc.com

While spending more time at home soaking in the ambiance of your space, have you experienced niggling feelings that some of those things you're sitting amongst no longer suit you? Maybe you'd like to find a new home for them. Perfect. Here's something you can do about it right now while serving a higher purpose – dogs.

For the fifth year, Cause4Paws (C4P), a not for profit organization ([www.facebook.com/C4P.ARF](http://www.facebook.com/C4P.ARF)) started by Gunbarrel's Laurel Fox, will be holding a fundraising yard sale that far out-wags all other neighborhood sales. It's a large, finely organized and beautifully staged sale of household items, clothes, books, and more.

Each year a different dog rescue is chosen as the recipi-

ent of the sale's proceeds. C4P has thus far raised more than \$20,000. One Dog at a Time Colorado ([www.odaatcolorado.com](http://www.odaatcolorado.com)) will benefit from the 2020 event. The relatively new rescue is a 501(c)3 nonprofit organization finding forever homes for unwanted dogs, saving them from euthanization.

Fox, a nurse at Good Samaritan Medical Center, is on the front lines of the current health crisis. Being keenly aware of how to avoid coronavirus, she and her wife Jessica Crider are taking every necessary precaution. That means like everything else on your calendar, the sale date has been pushed out a few months from its normal summer timeframe to August or September.

This fortuitous delay gives the community a window of opportunity to help make the sale extra-special and when sale time comes, it will also be an event you'll want to attend.

Fox's mother became very ill with a recurrence of cancer last year. The annual C4P sale was set aside as Fox and Crider provided daily care to her. Just this February, her mother passed away.

Fox initially thought the sale

would be put off again, but she said, "It just came to me that it [the sale] makes me feel so good, that it's probably going to be a really beneficial thing for me to continue." Recalling her mother's support for the annual event also reaffirmed why it's important to carry on this year. Poignantly, many items from her mother's home will be on sale this year.

Dogs became near and dear to Fox's heart when her mother was given a grim cancer prognosis 15 years ago. Walking home from the hospital to shower and then return to her mother's side, she would see a dog in a boutique store window. "As I walked by feeling defeated and overwhelmed,

this little dog would bounce and run in circles, acting like a clown. Each time this pup gave me the one and only smile I would have for that day. I made a promise to myself that if my mom could get well enough to go home, I would go back to school to get my RN degree and I would buy myself my very own French bulldog."

She did both. Now Ruby Tuesday the Frenchie is part of a small herd of little dogs at Fox and Crider's home. Since getting Ruby, Fox said, "I learned more about the breeding industry, back-yard breeders, and all of the torture and neglect that takes place within. It broke my

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## BEAR HUNT

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said Dean who lives in the Clover Creek neighborhood. "This gives them something to focus on."

But Dean thinks it is good for adults too. "In times like this, it's going to be something fun for people of all ages to do instead of wander around your house and panic."

Dozens of people responded to the post the first day. I was one of those who offered to pull stuffies out of closets and trunks and perch them in windows. For me, it was a tawny stuffy that had been sitting, bored, in a chair at my house in Niwot for years.

Putting a bear in a windowsill is harder than it sounds. My ledges aren't wide enough to hold Teddy. Plus, my dogs wanted to eat him. So I wove the cord from the blinds through a red ribbon

that adorned Teddy's neck and hoisted him up to dangle mid-window. I wasn't sure if people would think he was levitating, choking or guilty of some heinous stuffed-bear crime, like being mean to Piglet. Surely, a game for children shouldn't be gruesome.

Teddy's round, brown, pleading eyes seemed relieved when I detangled him. At least until the dogs spied him again. I held him overhead and put him safely out of reach on the dining room table where he lay with arms and legs outstretched in a Shavasana yoga pose, counting ceiling tiles while I considered his fate.

The dogs got busy sniffing for living stuffies out back, so I whisked Teddy away to the front porch where I plopped him on the step like a pumpkin. I could bring him in if it rains. But that spot felt too easy for the kids. And what

if I forgot him? It didn't seem right to cast him out like that.

My next idea was to wedge him in the space between the screen door and the front door. I quickly slammed the front door to see if he would stay. Teddy was falling before I even got my hand out of the way. He wasn't fat enough. (He's not a Pooh bear.) He slipped to the floor and gave me a look of helplessness. Perhaps a hint of disdain.

There must be a way to do this without resorting to duct tape.

I looked up at the mechanism that controls the screen door that, according to Google, is technically called "a door closer." I turned Teddy upside down and hung him by his feet, like a gymnast on the uneven bars. He stuck.

But I wondered if he was visible from the outside, all squinched into the upper corner of the screen door. Debatable. I put myself at ease with the idea that keen hunters will feel especially proud when they spot him.

For his part, Teddy looked like he was having fun there. A silly hello from a cart-wheeled bear peeking out to see who might be looking for him.

Since my bear was having

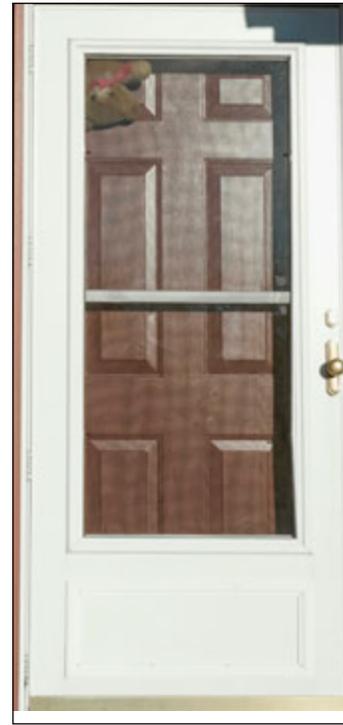


Photo by Patricia Logan

Bears are emerging from hibernation in local neighborhoods.

this much fun, I wondered what the other neighborhood bears were up to. I rewarded the dogs for not eating Teddy by taking them with me on a bear hunt down my street.

I ran into a few children who didn't know about the hunt, but got animated when I told them. I wished they had tagged along with me. The reflections were causing me

to stare into my neighbor's windows for an unnatural amount of time. It would have been more acceptable if I had kids with me. Or not. I worry the hunt may lead to some TMI moments between households. Tip: It's easier to see bears when the sun is shining directly into the window, allowing the hunter to swiftly bag the prey.

So far, I can only claim one panda as my trophy but I spied two chalk rainbows on a couple of driveways, another thing people are displaying as a symbol of hope that the storm will pass.

Even though I only had a few official finds, it felt good to be part of the game. Something Amanda Dean thought about when she posted the idea of a bear hunt.

"It's just to show we're all in this together," said Dean. "We can bring the community together in a weird little way."

The hunt gave my regular walk a new sense of adventure. I wasn't sure what I'd find or when. And I did feel a larger sense of connection, especially when I was rewarded with an unexpected discovery--the outline of a heart, crafted with red sticky notes, alongside the word LOVE.

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# SEWING MASKS

Continued from Page 3

vulnerable. She contacted the owners of the Niwot Market who said they could use masks for their employees. Zimmermann is also connecting with other local businesses and health care providers.

The masks Zimmermann makes are CDC-compliant, meaning they follow the guidelines from the federal government's Centers for Disease Control. They require two layers of tightly woven 100% cotton and have other specifications. The masks can be washed and sanitized for multiple uses.

Zimmermann has been using yards of unused fabric in her stash and some elastic, which is in tight supply. When her own elastic ran out, she used social media sites Facebook and Nextdoor to ask for donations. People came through.

The idea caught her eye when she saw a clip of how to make masks on television. The pattern came from The Turban Project and was posted on Indiana's Deaconess Hospital. There are now several sources for compliant patterns including Joann's Fabrics, which is offering free and discounted materials for people making masks. The company says it has donated enough material to make 1.5 million masks and counting.

Joann's is also collecting the finished masks and distributing them. The Boulder store is donating to Boulder Community Health, which operates Foothills Hospital and other medical offices.

BCH says it has a good supply of Personal Protective

Equipment (PPE) for now but is accepting donations as part of its long-term preparation, citing the unknown duration of COVID-19 in the community. The organization says it appreciates the outpouring of support from people who want to help. "It's been amazing," said Marketing Manager, Celanie Pinnell.

One of those offering support is Jennifer Sharp of Gunbarrel. She first heard about the mask drive from her mom in Seattle, the first hot spot in the nation for the coronavirus. She has her mom's sewing machine which is nearly as old as she is at age 42.

"I have the skills, being able to sew. But who knew that would help later on in life? It's nice to be able to feel like you can do something to help. As a person that's a doer, it just seems natural," said Sharp.

Sharp is immersed in the process. She listens to a podcast about epidemiology while she sews. "For me, what helps the most is education. There is so much misinformation."

She's also educated herself on other types of masks that don't depend on elastic. She found a pattern for masks that tie behind the head. They fit different head sizes and can be used as an extra layer over other protective gear. She knows the homemade masks aren't perfect and that people need to take additional precautions.

"It's not the case that you're invincible with a mask. You still have to wash your hands and you don't want to touch your face," she said. "Compared to nothing, it's something."

In a war against an invisible enemy, the homemade masks are a visible sign that people care about one another.

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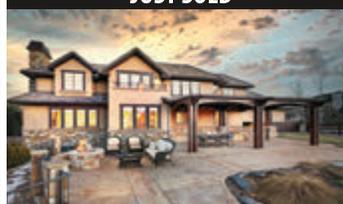
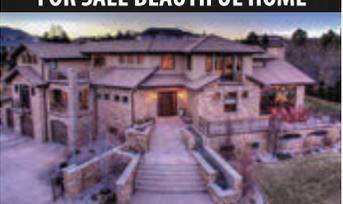
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# Update from Mountain View FPD

Special to the Courier

Weld County as well as Boulder County 911 dispatchers are screening patients who call 911 with fever, shortness of breath or any other upper respiratory symptoms. Part of the screening process also involves questioning about recent travel outside and within the country. This information obtained by dispatchers is shared with our medical personnel before arrival.

Mountain View Fire Rescue paramedics and firefighters are being provided up to date information as we receive it. If COVID-19 is suspected from an individual calling 911, our personnel will limit their exposure by wearing personal protective

equipment; including such items as gloves, masks, eye-wear and other equipment as needed. We will limit our personnel's exposure as well to reduce secondary exposure to our men and women. We are requesting that if you have non-life-threatening flu-like symptoms, please contact your primary care physician (PCP). This is requested to reduce secondary exposure.

If our paramedics determine a patient is stable and not at risk, we may inform the patient to contact their PCP and remain at home. If the patient needs to be taken to the hospital and COVID-19 is suspected, MVFR personnel will take the necessary steps to create an isolation area in the back of our ambulances. We will notify the receiving

hospital so they may prepare as well. Once the patient has been transferred, personnel will follow the District's decontamination and disinfection procedures. Decontamination and disinfection procedures are followed after every patient is transported to the hospital.

Please practice good hygiene practices and stay informed by getting up to date and accurate facts by visiting the CDC website at [www.cdc.gov/npi](http://www.cdc.gov/npi) or 1-800-CDC-INFO (232-4636).



Do not change your behavior to avoid being infected. Assume you are infected and change your behavior to avoid transmitting it to those around you.

WE WANT EVERYONE TO BE SAFE AND PRO-ACTIVE

Courtesy Photo

## The Depot at Whistle Stop Park nears completion



Photo by Karen Copperberg

Construction continues on the concession building at Whistle Stop Park to be known as "The Depot." Fundraising to date has reached \$25,300, with another \$50,000 needed to pay for the building. Donations can be mailed to NCAA, P.O. Box 733, Niwot, CO 80544, or can be made online at [www.niwotarts.org](http://www.niwotarts.org).

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# Keep Niwot Strong!

During these difficult times, it is important for us to come together and support each other. Our town needs your support to survive and we are calling on our Niwot residents to think about how they might make a local purchase that could really make the difference for our independent businesses.

## Restaurants

Most of our downtown restaurants and dining providers have solutions for take out and/or delivery and also sell gift cards for use now or later!

## Retail

Some stores are open as usual and others will be open by appointment, or via online and telephone sales.

Let's bring back the days when you called the store and discussed what you are looking for and our store holders can make recommendations!

We want for our downtown to survive these times and come back stronger so please consider where you could shop in Niwot where before you might have gone elsewhere - we have apparel, books, gifts, homewares, art, pet supplies, groceries, liquors, jewelry and bikes! Practice social distancing and all of the recommended hand washing and health protocols if you are coming into stores.

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SEE THE LATEST UPDATES FROM NIWOT BUSINESSES AT [NIWOT.COM/COVID-19](http://NIWOT.COM/COVID-19)

# Beat that quarantine boredom

By HANNAH STEWART  
Editorial@lhvc.com

It seems like everywhere you look there are articles about maximizing your experience during this COVID quarantine. But when you're not usually working from home and trying to maintain some semblance of your formerly busy life, boredom is sure to settle. Being cooped up in your house is sure to become overwhelming after a few days; that's why there are so many memes about it on the internet right now.

When that sense of boredom strikes, you don't always want to maximize that time; sometimes you just want to distract yourself. Those distractions can be productive or just enjoyable, so here are a few suggestions for either:

**Organize your pantry, junk drawer or any other space--** Of course cleaning house will probably seem daunting (how did all this stuff fit in there?), but once you organize and throw extraneous or old items out, the physical decluttering will be a bit of a mental decluttering too. The other nice thing about organizing eclectic spaces is that it can take as long as you want. You can focus on just one shelf

during those painfully long commercial breaks, or you can focus on the whole area while you're half listening to yet another panel discussion about the coronavirus.

**Teach yourself a new skill--** YouTube has a video for pretty much anything. Want to learn how to knit? Some disembodied hands and a perky voiceover can teach you in 10 minutes. Has your car's wiper fluid been low for a month but you've been too busy to take it in? A quick search will show you how to refill it and tell you which fluid to buy and why. The best part of all--you don't have to pay for the lesson and you can turn it off or switch to a new one, plus, you can try a bunch of new skills, or just get sucked into a YouTube hole and emerge hours later after watching what ballerinas and other athletes eat in a day.

**Sort through and possibly digitize old photos--** Photo albums make great gifts, but they can be bulky. Similarly, maybe you take tons of photos of your dogs and they're hogging up your phone's storage. With all this extra time on your hands, go through and delete duplicates and save the keepers to a file on your computer or in the

cloud. As for those hard copy pictures, at some point, you'll probably want to share that memory, so scan it and save it to your digital album so you can enjoy it forever and not have to wonder which album you need. Plus, you can have folders within folders in digital albums, so you can organize by time, topic, or whatever works for you.

**Read a book--** There are so many books out there, and many can be found online either for free or a low price. Author Abbie Owen just put a huge amount of her collection on sale for \$0.99 each, and other authors are offering similar deals. Most library websites also give options for ebooks and audiobooks too.

**Pick up some cooking tips--** Sure, you might end up with two cakes, three dozen cookies, and only a couple of people to eat them, but hey, next time someone asks you to bring dessert to a party, you'll have the perfect recipe in mind. You could also call your mom or grandma and see if she'll give you the secret family recipe for your favorite dish and try to perfect it. It isn't quite the same as cooking with her, but next time you try, you'll already have a few attempts under your belt.

**Binge-watch a show, or three--** All the streaming services, and even cable, have such a wide selection of shows, so step out of your comfort zone and check one out. Maybe you'll get sucked into the world of treasure hunting or a world ("The Curse of Oak Island," cable) with magical keys that can let you see the inside of your mind ("Locke & Key," Netflix). With all the options including classics and new releases, you're sure to find something worth watching.

**Start a blog--** With all those books, shows, and cooking tips, you're bound to have some opinions. Wordpress, Squarespace and Medium all have great resources for starting blogs. They can be simple or complex, but ultimately they're yours and can become a cool

new hobby. If you're a little shy about having your opinions on the internet, you can use a pseudonym, or if you want to make a following, you can self-promote across platforms.

**Send polls to your friends--** Lots of articles and websites emphasize the importance of connecting with your friends and family. If you want to switch it up, send them a poll or survey, there are lots of sites out there (Survey Monkey, Google Forms, Office Forms, Doodle Poll, etc.) where you can make unique polls and send them out. It could be as simple as asking everyone's favorite movie or memory with the group, or even turn into a game to see how well your friends know each other.

## DOGS

Continued from Page 5

heart. The realization that there are hundreds of thousands of dogs that are euthanized every single day made me decide to follow my heart into rescue."

While you're looking around your house for things to donate, think estate sale and select items in near-perfect, clean condition. If the items have an on-off switch, be sure they're operational. The goal is for everything to be desirable and not be heading for the trash after the event.

Some suggestions are: dish and glassware sets (no plastic), small appliances, current designer clothing and children's clothing, books, lamps and light fixtures, small tables, quilts and blankets, drapes, art and frames, sporting goods, toys and games (no stuffed animals), dog beds and other pet gear, but not food.

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# It takes a village

By CAROL O'MEARA  
Colorado State University Extension  
Boulder County

It takes a village to raise a child. The popular Igbo proverb takes on more meaning today as our entire community is affected by the shuttering of schools, businesses, and stores. Pundits are predicting that we'll see the ripple effect of this echo through our lives for months, with hunger and need for basic necessities likely to increase.

In short, the whole village needs each other. How can gardeners help? Elizabeth Black, member of the Boulder Culinary Gardeners group, sent a thoughtful note out to us all and it's making its way through social media groups.

"It looks like we may be stuck at home for an extended period of time, possibly even through the summer, due to quarantine measures," she wrote. "It also looks like many folks will need the services of foodbanks, since they will be out of work for an extended period."

Black called on the skillset gardeners can offer, urging us

to rise up to help, and made suggestions on how. Her call to action is grounded in the belief that we can each play to our strengths; gardeners are a good group to do this.

We're a generous bunch, albeit a little weird looking with mismatched clothes and a few leaves stuck in our hair. And as inspirational posts on social media point out, gardening isn't cancelled. As a bonus, it's soil amendment time and people aren't likely to approach to within our 6-foot buffer zone if we're kicking up a lot of dirt.

Black suggested three things for us to do:

1. "Plant a row or bed or extra patch of something to donate to one of the organizations that supplies folks in need." Check with your local food banks or pantries for donation days and hours and ask them what fresh produce they'd like most to have donated. Consider giving space to items the food bank needs rather than trying out that exotic plant you'd been thinking of growing.

2. "Grow some extra seedlings for your neighbors to plant,

and encourage them to do so." Offering to place seedlings on a neighbor's doorstep for them to take is a great way to encourage gardening—but use clean gloves when handling the pots you plan to give away and if you are the recipient. Implement the "ding and dash" of ringing the doorbell to tell them their plants have arrived—seedlings instead of zucchini.

3. "Share your expertise with your friends and acquaintances, so they can feel more in control in these uncertain times. They will develop a new hobby that will keep them fed, entertained, and feeling powerful in these uncertain times." If you have an extra tool or hose, clean and disinfect them to offer to the person new to gardening. Our hobby is simple, but also takes items they

might not be able to afford. Some gentle humor in explaining the vagaries of Mother Nature in the garden can help keep spirits up in tough time. Encourage people to keep trying if a seedling gets stolen by birds or trampled by little feet. Gardening is a good way to lift spirits and pull together as a community.

## A lovely spring find



Photo by Emily Beck

Reader Emily Beck stumbled upon a pop-up flower truck tucked in the northwest corner of Old Town Niwot. Writes Beck, "On our bloodhound stroll through Niwot this weekend, we came across this wonderful flower truck and her owners Susan and Gilmore. Susan's job is temporarily on hold, so she is selling flowers on Neva Road in front of her house."

## CLOSURES

Continued from Page 4

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# SCHOOL NEWS

## NHS students face non-athletic event cancellations due to COVID-19

By Sydney Rothstein  
Special to the Courier

The empty parking lot at Niwot High School is more than the result of a much-needed Spring Break. School closures have forced sports, clubs and all extracurriculars to hit the pause button for the sake of public health in light of COVID-19.

While time off from classes may seem like every high schooler's dream, these cancellations have caused upset among students who have been working hard all year. Among these cancellations are the Band Spectacle concert, Choir/Orchestra concerts, Mock Trial State competition, Robotics competition, and many other anticipated events.

Niwot's theatre department was able to perform its production of *The Addams Family* only a week before closures began. The students involved in this amazing production were able to perform the show that they had put a tremendous amount of time and effort into. Students who had events scheduled in late March were not so lucky.

Sophomore Lily Mastrangelo is among those who were unable to compete in long-awaited events. She and her eight team members were devastated when Mock Trial's State competition was canceled less than 24 hours in advance.

Those organizing the competition set precautions early on in

light of growing concern for the spread of COVID-19. Originally meant to represent a formal court setting, students would no longer be allowed to shake hands and would not be able to congregate in the same lobby.

The state competition this year was highly anticipated by students and teachers alike. The team overcame many obstacles during the season, and students were more than ready to compete. With only nine team members on the roster instead of the typical 12, they had students working overtime to prepare, which did not pay off in the end.

"Our team had gone through so many hardships that we were disappointed when we couldn't

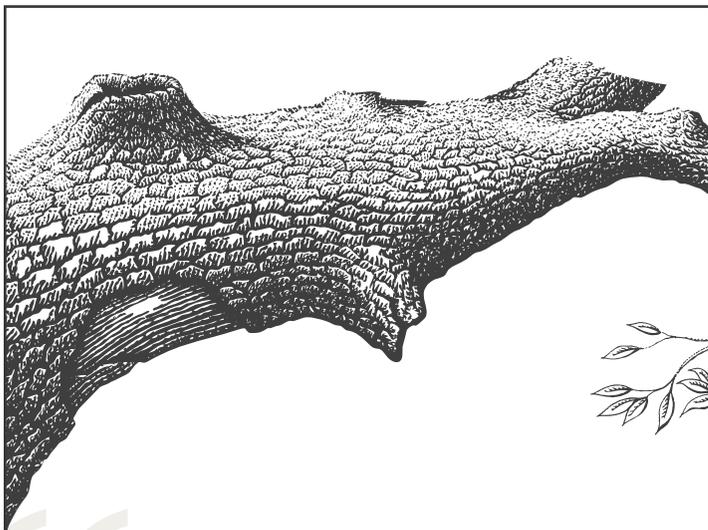
go," Mastrangelo said. Students involved were looking forward to competing with Fairview and Boulder, which were Niwot's toughest competition.

Another team that suffered frustrating cancellations was Niwot's Robotics Team, but they were lucky to be able to attend a two-week event before the shutdown began. They are one of the nearly 4,000 teams around the world that have been building a robot to compete in numerous challenges. Many of these competitions were set to happen in the weeks during and after school activities were canceled.

A member of the team, Ashley Withnell, said, "[L]ots of time and effort (at least 50 hours per

student) were put into a robot that, in some cases, didn't get to compete." This was the most disappointing for students, as many were not able to be rewarded for their hard work over the past semester.

As the state of the nation during the coronavirus pandemic worsened in the weeks following these cancellations, many students were sympathetic to the gravity of the situation at hand. Two weeks removed, Mastrangelo describes her view on the Mock Trial cancellation as "for the greater good." As much as students wanted to participate in these long-anticipated events, sometimes unforeseen circumstances take priority.



You know me, I think there ought to be a big old tree right there. And let's give him a friend. Everybody needs a friend.

Bob Ross

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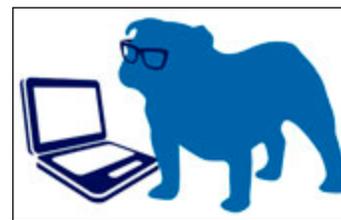
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## Boulder Country Day School Launches Distance Learning Initiative, 'Bulldogs Connect'

Special to the Courier

Beginning on March 30th, BCD will launch 'Bulldogs Connect,' their distance learning initiative developed to meet the needs of students and families during the forthcoming school facility closure due to COVID19.

Since March 13th, BCD faculty have been collaborating virtually to design a distance learning program to serve all of their students from Preschool through 8th grade at developmentally appropriate levels. BCD teachers will be using multiple platforms including Seesaw, Google Classroom, and Zoom, as well as their



COURTESY PHOTO

own academic management platform, to provide both academic and emotional support to their students.

Jill Johnson, Head of BCD's Elementary division, said, "For teachers, their classrooms and their community of students are their world. Having to teach from a distance runs counter to what they know and love: connecting with students and families on a deeply personal

level. They are extremely enthusiastic to maintain this positive community and connection and cannot wait to go 'live' with the rollout of our Bulldogs Connect, on Monday, March 30th."

"We recognize that our parents and guardians are critical partners in this process and it will take a collective effort to ensure we are successful," John Suitor, BCD Head of School said. "We also understand that many parents are feeling overwhelmed and under skilled for what lies ahead. We hope to support families through the inevitable bumps in the road by practicing patience, kindness and positivity above all."

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# Preparing for “new normal” at Dawson School



Courtesy Photo

Many of us are looking for ways to safely stay connected to friends and colleagues these days – virtual coffee chats and happy hours are popping up all over. There is a special committee at Dawson School which is helping create social connections between faculty and staff, like all area schools, Dawson has moved to remote learning for the time being. One of the Dawson Distance Fun Team’s activities was a trivia game Friday, March 20; it turned out to be a big hit, and concluded with some Zoom face fun!

By JOCELYN ROWLEY  
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Just a few short weeks ago, the long-term closure of schools seemed unthinkable, but the coronavirus pandemic has abruptly forced the world into adopting different ways of thinking about everyday life. For parents, students, and educators, that has meant confronting the reality of full-time “remote learning,” and adjusting to unfamiliar roles and responsibilities in the education environment. At Dawson School in Lafayette, the community is embracing the new paradigm with optimism, togetherness, and, above all, flexibility.

“All of us have been investing for centuries in a bricks-and-mortar model of teaching and learning, so the challenge is for us to pivot and focus our creativity on creating a remote learning platform that is as compelling,” Dawson’s K-8 Director Brad Davies said. The school formally transitioned to online classes on March 31st, following Governor Jared Polis’ statewide shutdown order that closes schools through April 17th. “We’re taking it in phases, and we’re remaining focused on ensuring that this school

year our kids remain connected in healthy ways, and that our curriculum moves forward in compelling ways.”

Finding the balance between those goals and the new reality for families has been Dawson’s biggest challenge in implementing full time online learning, Davies said, especially at the elementary level. In the 6th through 12th grade setting, online lesson plans are more “subject specific,” with fixed times for classroom meetings via Zoom. For students in the lower grades, where typical instruction is more integrated and hands-on, the daily schedule is more variable, and aims to help families accommodate competing demands.

“There are real stressors that our families are facing,” Davies said “How do I care for my child and move their education forward in ways that also honor the fact that I need to see to my own career and other family needs?”

To that end, Dawson’s daily elementary schedule combines two or three sessions of fixed “face time” with their classmates and teachers or other Dawson faculty via Zoom, which helps foster a “community connection,” which can be hard to do when everyone

is behind a screen. The daily plan also includes periods of self-directed autonomous learning, which sometimes require parental supervision.

“Remote learning requires new roles, at the elementary level especially,” Davies said. “Parents become homeschool educators, and at Dawson, we’re thinking how we can best equip or empower families to take on these roles, not just effectively, but joyfully.”

Of course, teachers are also finding themselves in unfamiliar roles, but Davies has been impressed with how well the school’s faculty has adapted to the new framework, especially under such a tight time constraint.

“Teachers are having to become learners again, and that informs your teaching, too,” Davies said. “Being a learner again helps you empathize with the learners we serve.”

In the new remote learning space, Dawson teachers have taken on three new roles, Davies said, first as “curriculum coordinators, curators, and creators,” but also as learning coaches for students and instructional coaches for parents.

“They’re creating the plans, and they’re curating and coordinating compelling learning

experiences from across the globe that are going to line up with our curriculum, and preparing for parents to facilitate at home. That’s big.... Now in a bricks and mortar model the teacher is leading the learning journey, now they are coming alongside even the youngest of our students to help encourage them on their own journey.”

Davies admitted that it might not be an easy journey at first, but explained that Dawson’s approach to remote learning has been designed with enough flexibility to adapt to unforeseen challenges.

“We’re very much embracing this in the spirit of iterative creativity,” he said. “Meaning we’re rolling out 1.0, 2.0, 3.0. We’re going to do surveys each week of families, students, and faculty to see how it’s going and make adjustments accordingly. We do not presume that

what we’re going to be rolling out will be perfect.”

For Davies, that’s more of a feature, than a bug of the plan, as it creates opportunities to improve processes and policies, and may even lead to a more agile and engaging learning environment for future students at Dawson and around the world.

“I’m really excited to see what education looks like on the other side of this,” he said. “While we can’t predict right now how this will impact learning after we get through this storm, my greatest hope is that we are able to take new best practices learning during this time and implement them into our bricks and mortar models of education. I think there will be some real hidden gems here, that in time we’re very grateful for. This will help us become better.”

## Sand Creek Massacre Site Visit Postponed

The bus trip from Niwot to the Sand Creek Massacre Site near Eads, Colorado, originally scheduled for Saturday, April 25, 2020, has been postponed. Those who have signed up for the trip will be notified of the rescheduled date when it is known, and anyone who cannot travel on the new date will receive a refund of the \$30 trip cost.

Interest in the site visit has been high, and the first bus has been filled with 55 registrations. A second bus has been reserved and 17 people have registered for the second bus if it can be filled. Registration for the trip, consisting of name, phone number, email and a check for \$30 payable to the Niwot United Methodist Church, can be mailed to NUMC, c/o Biff Warren, P.O. Box 610, Niwot, Colorado 80544



# SPORTS

## Local collegiate athletes see seasons shortened

By Jack Carlough  
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Former Niwot High School baseball player Caleb Martinez was shocked when he learned his sophomore season at Northwest Nazarene University in Idaho would be canceled due to the coronavirus. "It was just unreal," he said.

Martinez pitched for Niwot High from 2017-18 and pitched for the Boulder Collegians this past summer, and he was looking to make an impression after redshirting his freshman season. The coronavirus caught him and his teammates off guard.

"On Monday, we were getting ready for the game at the end of the week and on Thursday we were told everything has been cancelled and we have to get ready to go home," Martinez said. "It was really crazy how fast everything moved and I realized it was a very se-



Photo by Jocelyn Rowley

Silver Creek's Rylee Anderson competes in the high jump at the 2018 Class 4A state track & field championships.

rious thing very quickly."

To make matters worse, Martinez and the Nighthawks were atop the Division II Great Northwest Athletic Conference with a 7-1 record. Martinez said his team was "devastated", but also found humor in naming themselves conference champions.

Fortunately for Martinez, he is only a sophomore and plans on utilizing the NCAA's recent move granting student-athletes an extra year of eligibility. But for the seniors on his team and around the country, that may not be a practical option with impending graduation, not to mention high school seniors who may be out of luck.

"We had a bunch of seniors," Martinez said. "I feel bad for them the most because their season's done and their career is over. They didn't even get a chance to have a say in it."

Martinez believes it will mostly depend on the player if they indeed use the extra year.

Coaches will have decisions to make with a roster of incoming freshmen and returning seniors looking for another year.

"The coaches can't tell you 'the seniors can't come back,'" Martinez said. "But at the same time, they have all these new players coming in and they don't really know what to do about it."

Former Niwot High baseball star Skyler Messinger also saw his season cut short at the University of Kansas. The Jayhawks were 7-10 and just beginning Big 12 conference play when the news hit.

"I was obviously shocked but the way things were going, I wasn't totally surprised," Messinger said. "(I'm) obviously disappointed. I think any athlete with all the work they put in all year long for the season to come around, and when it's cut short it's obviously disappointing, but it's just something that's out of our control."

Fortunately for Messinger, he has been able to work out with his older brother and Niwot assistant baseball coach, Connor Messinger. With all the batting cages closed, the two have stayed sharp by playing catch and running local trails.

Baseball isn't the only sport suffering the consequences of the coronavirus. Stanford University track and field athlete Mary Gillett graduated from Niwot in 2018 and recently saw her sophomore campaign cancelled as well.

Gillett was the 2017 Colorado 4A Girls Athlete of the Year and opted to redshirt her freshman season at Stanford. She was three races deep into her sophomore campaign when her season came to a halt.

"It was definitely very shocking and immediately all my teammates and I were super disappointed," said Gillett, who competes in sprints and hurdles. "It's hard to describe how hard we work and everything we do basically revolves around track, especially the outdoor season, and I definitely took it really hard initially."

The Gillett family runs deep at Niwot with her younger sister Elise and younger brother Jeremy on the track and field team for 2020. Mary Gillett said she's keeping her fingers crossed their season can resume. Reconnecting with her family is a plus for Mary in the midst of a rough spring.

Continued on Page 16

## Niwot rider takes first in California horse show



Courtesy Photo

Isabella Steiner, sophomore at Niwot High School, earned a first place at the Desert Circuit VI International Horse Show in Thermal, CA (February 25 - March 1, 2020.) Bella competed in the 1.0 Meter Non Pro Jumper Course to earn this placing.

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### COLLEGE ATHLETES

Continued from Page 14

"(It's) nice to spend time with my family and be home with them because obviously I don't

see them nearly as much anymore," Gillett said. "It's a good time to reconnect with my family and just relax a little bit."

Gillett plans on making the most of her time off by staying in shape and preparing for next

season.

"I'm definitely trying to keep running," Gillett said. "It obviously looks different than the training I would normally be doing this time of year but I'd say I'm taking this time to increase

my fitness and just refocus again to use this time to keep getting better."

Training at home as a high jumper is a little more difficult for University of Kansas sophomore Rylee Anderson. The Silver Creek High School graduate said acclimating to online classes was the biggest change for her.

"Obviously my family wasn't expecting to have me home this early, but I feel like the biggest adjustment is school being online," said Anderson, who was a four-time 4A high jump state

champion.

Along with a shared disappointment, these student-athletes all believed the right decision was made to scrap the remaining season.

"I was pretty sad and disappointed, but I understand why they had to do it because it's obviously a big problem," Anderson said. "We've been working and practicing for this since August so it was kind of a let down, but we understand why they had to do it."



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Photo by Jocelyn Rowley

Sprinter Mary Gillett won numerous individual state titles for Niwot, and is currently a member of the track team at Stanford



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