

## What tripped up Treppeda's



Staff photo

Howard Treppeda, owner of the now closed Treppeda's Ristorante in Niwot, at the 20th Anniversary celebration of the restaurant in 2016.

By VICKY DORVEE  
Editorial@lhvc.com

After 22 years of business, Howard Treppeda's namesake restaurant sits empty. Preparing and serving food is what Treppeda's career has been all about. It's what he trained for when he took classes at the Cordon

Bleu in Paris and at the Culinary Institute of America. It was what he did when he worked at a café in Amsterdam, eateries in Massachusetts and New York, and as the head chef of a restaurant in Connecticut.

Naturally, it was what he did after he transplanted from

the East Coast to Colorado and worked at Lucille's in Boulder. So opening a euro-style gourmet market and deli in Niwot in 1996 was the next step in his hospitality trajectory.

From its small beginnings, the enterprise evolved into a full-fledged restaurant and a jazz performance venue. It expanded into adjacent spaces over its tenure in the Slater Building at 300 2nd Avenue in Niwot. Treppeda said his business was the first to hold a lease in what was then a new structure. Initially built by a group of investors and known as the Slater Building, the structure is now owned by a limited liability company, which is 100 percent owned by Niwotians Bernadette and Gilbert Reed.

Treppeda said plans to close came about quickly. Employees, who saw their work schedules online and planned to come in for their shifts, received a message in the early morning hours

*Continued on Page 3*

## Local craft brewers taking wait and see approach to grocery store sales



Photo by Jocelyn Rowley

Full-strength beer from local craft brewers hit the shelves on Jan. 1, 2019.

By JOCELYN ROWLEY  
Editorial@lhvc.com

The most substantial update in more than a decade took ef-

fect in Colorado's oft-lamented liquor laws on Jan. 1, 2019, when the sale of full-strength beer

*Continued on Page 7*

## Gunbarrel author Ellen Korman Mains to speak at Boulder Book Store



Courtesy Photo

Gunbarrel author and teacher Ellen Korman Mains recently released a memoir about connecting with her mother's family in Lodz, Poland, 60 years after the Holocaust.

By JOCELYN ROWLEY  
Editorial@lhvc.com

Gunbarrel-based author and teacher Ellen Korman Mains will be appearing at the Boulder Book Store (1107 Pearl St.) on Jan. 10 for a discussion of her moving memoir, *Buried Rivers: A Spiritual Journey into the Holocaust*.

Published in October, *Buried Rivers* recounts Mains' melancholy childhood in Montreal as the daughter of Polish Holocaust survivors, and her later attempts as an adult to reclaim her Jewish family's interrupted history. It is also the story of her spiritual quest as a practicing Buddhist to examine her family's suffering and confront generational trauma.

"For me, the book is a journey," she said. "There's an echo from the dead and the repercussions of unhealed shock and trauma. And it also reverberates on a very personal level for someone like me or like lots of people who are carrying some of that unhealed trauma and actually struggling with it."

At its heart, *Buried Rivers* is about Mains' attempts to regain two things lost to the degradations of the Holocaust—her family's connection to its homeland in Lodz, Poland, and her own sense that humanity still possesses basic goodness.

She addressed the former with a series of trips to the central Polish city starting more than a decade ago. Mains said she felt called to visit not long

after the death of her maternal uncle, who was the last living connection to her family's pre-war past. Armed at first with only a brief history dictated by the dying man, she has since filled in many of the missing names on her family tree and has even met distant relations.

"Now I have a connection to a sense of who my grandparents were and almost a personal feeling about them, as well as a more generalized feeling about the culture and the feeling of family-ness, even if I don't know who they were," she said.

Mains' spiritual quest wasn't quite as straightforward.

As a university student in the 1970s, she met Tibetan Buddhist master Chögyam Trungpa Rinpoche, a connection that would

have a profound influence on her life's path and eventually brought her to the Boulder area. From the beginning, her Buddhist studies caused conflict with her parents, who felt she was betraying her Jewish roots, though the family wasn't particularly observant. The rift healed over the years, but the episode exposed an important truth for Mains.

"It's challenging, but very important and rich to be able to let go of one identity and see things from the point of view of a different group," she said. "That's our humanity."

Mains' experiences in Poland helped reaffirm her belief in

*Continued on Page 4*

**FREE INITIAL EXAMINATION  
FOR NEW CLIENTS FOR THE  
MONTH OF JANUARY**



PROFESSIONAL VETERINARY CARE  
AT AFFORDABLE PRICES



**DR. PATRICK KALENZI AND DR. LISE CUMMINGS**  
6964 N. 79TH, NIWOT, CO • 303-652-2194  
NIWOTVETCLINIC.COM

## Community Calendar

### FIRST FRIDAY ART WALK

Niwot's January First Friday Art Walk takes place on 2nd Avenue and in Cottonwood Square on Friday, Jan. 4, from 6 to 9 p.m. with live music on the streets.

### ALZHEIMER'S SUPPORT GROUP

Alzheimer's Association Dementia Caregiver Support Group meets on the first Wednesday of each month from 6 to 7:30 p.m. at the Niwot United Methodist Church (7405 Lookout Road). This free service is for family members and friends who care for and care about people with Alzheimer's Disease and other forms of dementia.

### HOLIDAY LIGHTS FOOD DRIVE

From 5 p.m. to 9:45 p.m., Dec. 1 through Jan. 7, Chuck Rodgers' drive-through holiday light extravaganza at 5980 79th Street in Niwot is on display for free to the public. For the third straight year, Rodgers will be accepting donations of money or canned food on behalf of Longmont's Meals on Wheels program, a service that provides meals to the elderly and disabled in the area.

### OPEN SPACE VOLUNTEERS

The City of Boulder is seeking volunteer naturalists to lead guided hikes and nature education programs for kids aged 5-12. For more information

and to fill out an application, please visit the <https://www.volgistics.com/ex/portal.dll/ap?ap=1802512915> or contact Halice Rupp, OSMP's coordinator of volunteer programs, at 303-579-3023 or [ruppih@bouldercolorado.gov](mailto:ruppih@bouldercolorado.gov). The application deadline is Monday, Jan. 7.

### PARENT WORKSHOP

Boulder Country Day School is hosting Identity, Difference and Allyship: Raising our Awareness and Challenging Stereotypes through Reflection and Conversation on February 27th, 2019 from 6:00pm - 7:30p. For more information or to RSVP, visit [www.bouldercountryday.org](http://www.bouldercountryday.org).

## Letter to the Editor

I read with interest the letter from Niwot commercial property owners on the bias shown by Boulder County land use staff on the 2nd Avenue development moratorium. They might also have questioned the seeming disinterest of County Commissioners in guiding the outcome.

Niwot is subject to the whim and caprice of non-elected land use staff, many new on the scene

due to high turnover. I have to laugh recalling a meeting at the Grange with Land Use Director Dale Case on the proposed local marijuana shop. Despite the County's Special Use permit discretion, Mr. Case told the crowd such businesses were allowable in that zoning and the free market would decide whether the pot shop was a good idea or not. That governance philosophy ob-

viously stands in sharp contrast to that driving the moratorium.

I'm surprised by none of this. We Niwotians have two choices. Either incorporate and take control of local land use decisions, or accept that County staff will continue to have a dominant role in shaping what happens here.

*Steve Romano, Niwot*

## LEFT HAND VALLEY COURIER

P.O. Box 652 • Niwot, CO 80544

EDITORIAL/CIRCULATION: 303-845-3077  
ADVERTISING: [advertising@lhvc.com](mailto:advertising@lhvc.com)  
EMAIL: [editorial@lhvc.com](mailto:editorial@lhvc.com)  
WEB SITE: [www.lhvc.com](http://www.lhvc.com)

EDITOR: Jocelyn Rowley  
PRODUCTION: Nessel Calara  
MANAGING EDITOR: Bruce Warren  
SENIOR EDITOR: Mary Wolbach Lopert  
BUSINESS MANAGER/NEWS OF RECORD: Vicki Maurer  
ADVERTISING DIRECTOR: Selene Luna  
NIWOT NEWS/EDITOR: Karen Copperberg  
REPORTERS: Kim Glasscock, Vicky Dorvee, Dani Hemmat  
SPORTS REPORTERS: Jocelyn Rowley, Bruce Warren

Published weekly in Niwot, Colorado by LEFT HAND VALLEY PUBLISHING, L.L.C. Member Colorado Press Association.



coloradopress  
ASSOCIATION

2018 Member

2018 BETTER  
NEWSPAPERS  
AWARD WINNER

## Obituary

### Shannon Mae Rutherford (Bennett) (Sept. 25, 1981 – Dec. 2, 2018)



Shannon Mae Rutherford (Bennett) passed away on Dec. 2, 2018. She will be sorely missed by everyone who had the honor to know her.

Her journey of life began in McCook, NE, on Sept. 25, 1981,

born to father Kelly Bennett and mother Mellody Kehr. Shortly after birth, the family relocated to Colorado. In April of 1988, Vista, CA, became her home until the age of 16 when she moved back to Colorado in 1997. She continued her studies in high school and worked as a waitress for Rev. Taylor's and Garden Gate Café in Niwot.

Shannon was an extraordinary artist. She made works of art that touched the soul. Her truest passion and talent were shown in her work making cakes and pastries. She worked in retail using these talents, but her career really started when she worked as a pastry chef for Whole Foods Market in 2003. Not only did she love her work,

but she also made many lifelong friendships while working there. Following her career in retail she started her own business making desserts and cakes. She held several positions as a chef in many restaurants throughout Boulder County.

Her two proudest moments were when she married Shawn Rutherford on June 9, 2007 and welcomed their son Chayse Rutherford on Dec. 20, 2010.

She will be mostly remembered for her beautiful smile, contagious laugh and her amazing sense of humor. She had the face of true beauty and the heart of an angel.

Shannon is preceded in death by son Chance Rutherford,

*Continued on Page 5*

# TREPPEDA'S

*Continued from Page 1*

from Treppeda's wife, Kamala, that the business's doors were closed.

Prior to our interview, the Treppedas sent an email that read in part, "Notifying our team about the closure was the most difficult (an understatement) task. Most team members have been gracious and any animosity is understandable."

Stunned patrons have expressed sadness about the sudden loss of "an institution." One woman expecting to meet a friend for lunch stopped when she saw the 'for lease' sign in the front window. "What happened?" she asked. "It's been here forever. I'm so sad."

"All walks of life have reached out to me," Treppeda said of the reaction to the closure. Jazz enthusiasts, musicians, and loyal customers have been messaging and calling him.

Self-described "Treppeda regular" Beth Ryan said she and her husband John started going to Treppeda's when they moved to the area in 2000. It's the place Ryan would take visiting friends, where her book club would hold their events and where she would turn when she wanted catering for special events such as her daughter's high school graduation.

"I was always so proud to have it in Niwot," Ryan said. "It definitely leaves a big hole because there's really nothing else quite like that. Our whole family is devastated. It was such a lovely place for lunch and dinner."

The Reeds have chosen not to share information regarding their relationship with Treppeda or what led to the closure with the Courier. Howard Treppeda, however, does want to let the community know why the doors of the establishment are now closed.

The Treppedas wrote in their email, "Closing Treppeda's was a difficult decision. With the end of our lease, we requested major repairs and renovations to the exterior and interior of the Slater Building from the landlord. Without these improvements, we could not compete in this very de-

manding industry. If we are unable to provide workplace flow, we cannot retain reliable, long term team members. We also have to provide the correct space that is comfortable for our guests. Twenty two years as a tenant and an active member of the community should qualify Treppeda's Ristorante as an establishment worth investing in."

"I didn't leave mad, I just needed to reboot and restructure," Treppeda said. "Food is personal to me and community is personal to me. They can really see how much work needed to be done now that I'm gone and if I just stayed in there it would have continued."

Charging \$17 to \$36 per dinner entrée, Treppeda said he wanted to give patrons the high quality cuisine and experience they expected. He wanted to create slow-cooked, made-from-scratch food and to present it in an atmosphere that was first-rate, but the physical arrangement of the restaurant and its deteriorating condition didn't allow him to execute on that.

Treppeda said he was extremely frustrated by the disrepair of the patio, the lack of exterior building maintenance and lighting, and a multitude of interior elements that were in need of repair or replacement. As time went on, how he felt about the space's condition, along with his perception that the landlords simply didn't care, led him to decide to call it a day and close the business.

Treppeda said he and the Reeds did not have any comprehensive conversations about



Staff photo

Howard Treppeda, owner of the now closed Treppeda's Ristorante in Niwot, at the 20th Anniversary celebration of the restaurant in 2016.

what he saw as necessary upgrades and maintenance, because the communication between them was very stilted. Nearing the end of his most recent three-year lease, he was informed of a rent increase when the landlords left an envelope for him. Additionally, they wanted to rent the space on a month-to-month basis, which was not acceptable to Treppeda.

"I do have to say, it's not all them. There are three sides to the story. I mean there's my side, their side and then there's the truth," Treppeda said, admitting he's not always an easy person to deal with when it comes to business.

Of the abrupt closing, Treppeda said, "I know I took them [the Reeds] by surprise. But I sent them a text to say I'm

open to talk."

He said what's on the immediate horizon for him is to stay connected to Niwot by attending Niwot Business Association (NBA) and Local Improvement District (LID) meetings in order to stay focused on his involvement with Jazz on 2nd Ave, an event he founded eight years ago and is planning to continue to organize. He intends to proceed with his mission to bring jazz education to area schools through the Colorado Jazz Group, an organization partially funded by the annual summer jazz event. The NBA

and LID are both supporters of the event.

And to answer the burning question... when asked if he could picture himself not having a restaurant, without hesitation Treppeda said, "No. It would take a lot to keep me out of it."

Treppeda was resolute that opening again "is doable." For him, what it boils down to is figuring out the best way to do it.

"I'm thinking about chapter two," Treppeda said when asked what he's doing day-to-day now that he's not working. "Hospitality is in my blood."

# 2<sup>ND</sup> AVENUE

# STUDIO L.L.C.

300 2nd Avenue • Suite 101 • Niwot, CO 80544

303-652-2229

ART! MUSIC!

FIRST FRIDAY ART WALK

# NIWOT

FUN! FOOD!

NIWOT'S FIRST FRIDAY ART WALK!

First Friday, January 4th

along 2nd Avenue and in Cottonwood Square

Sponsored by the Niwot Cultural Arts Association  
in conjunction with osmosis gallery

# BURIED RIVERS

Continued from Page 1

basic goodness, but she fears that we are once again losing sight of that important truth. With political polarization and nationalism once again rising around the globe, she warns that "people being run by fear and aggression" could be creating a "fabric of complicity" for oppression or ethnic cleansing.

"If we think that our culture or our religion or even our football team is better, if we don't ever have curiosity and education and the opportunity to meet people who are different from ourselves, then there's a tendency to only feel safe surrounded by people who are like you, and I think that's a huge danger in the world," she said. "The tendency then to project that others are the cause of your problems or that they're going to take something from you is very easy because you don't identify with them."

"It's not about these individual monsters, like Hitler, that we tend to pathologize or demonize," she continued. "That's not how it happened. It happened because he was normalized...there was this blurring of the lines between victims and perpetrators."

Later this month, Mains is heading back to the place where the blurring of such lines nearly erased her entire family. On Jan. 27, she will be in Poland for the 74th anniversary of the liberation of Auschwitz by the Soviets. Then, in August, she will return to mark the 75th anniversary of the final liquidation of the Lodz Ghetto and the deportation of nearly 70,000 Polish Jews to concentration camps, including her mother and uncle.

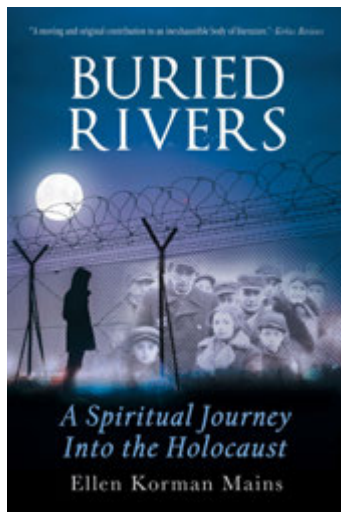
Though she's not sure that humanity has fully absorbed the hard lessons taught by the Holocaust, Mains is guardedly optimistic about the future. Alongside signs of political self-destruction, she also sees signs of growing awareness and understanding. Ultimately, she believes that basic goodness and "personal authenticity" on an individual level are the keys to help competing groups find their universal commonalities.

"This is what I think is at the heart of us," she said. "We have an aspiration and then we feel frustrated or limited because we're not as good or we're not as powerful or we can't do what we want to do. So there's a gap between the good intention and the reality, and there's some kind of longing or aching heart, and if we can open to that, there's something powerful and life-affirming and includes our humanity."

**If you go:** Mains will be signing copies and speaking about Buried Rivers, A Spiritual Journey into the Holocaust at the Boulder Bookstore (1107 Pearl St.) on Jan. 10 at 7:30pm. Suggested donation is \$5.

**More Information:** Buried Rivers, A Spiritual Journey into the Holocaust is available at Inkberry Books or at Amazon.com. To read excerpts or learn more about Mains' other work, visit her website at ellenkormanmains.com

On Sunday, Jan. 13, Mains will be leading the workshop Opening to Our Ancestral Kar-



Courtesy Photo

Buried Rivers: A Spiritual Journey into the Holocaust is Gunbarrel author Ellen Korman Mains' second-generation Holocaust memoir.

ma: Embodying a Path to Healing at the Boulder Shambhala Center (1345 Spruce Street, Boulder)

On Jan. 14 at 3pm she will appear for a live interview with Womyn Air host Miriam Schiff on KGNU 88.5 FM (1390 AM Denver).

# Where in the world...?



Photo by Nellie Nibnose

Where in the world is this sheep? Do you know? Send your answers, and a photo if possible, to Editorial@lhvc.com.

By NELLIE NIBNOSE  
Editorial@lhvc.com

Yes, I am.  
Yes, I am.  
But where's my home?

Editor's Note: We had one straggler from the Dec. 12 issue. Here's what Laura Staisiunas wrote "Walking to Niwot Realty, of course!"

Go down LCCVth Street  
Look down the lane.  
Just ignore the ducks,  
Because they are a pain.

Now for the first Where in the world...? for 2019.

You'll have to really look,  
Since I'm to the east.  
But it won't take long,  
To find this pretty beast.

Baa, baa white sheep,  
Are you made of stone?

**NIWOT TAVERN**  
MEET FRIENDS • LAUGH • EAT • CELEBRATE

7960 NIWOT ROAD  
COTTONWOOD SQUARE  
303-652-0200  
NIWOTTAVERN.COM

WITH OUR  
**New Extended Pub Area,**  
NIWOT TAVERN IS THE PERFECT  
PLACE TO host gatherings  
of up to 20 people.  
COME CELEBRATE WITH US!

**Geek For Hire, Inc.**  
ONSITE MAC AND PC  
TROUBLESHOOTING  
AND REPAIR  
Mon - Sat 10am, 2pm, 7pm  
**(303) 618-0154**  
GeekForHireInc.com  
2017 ANTI-MALWARE AWARD  
BBB  
Support@GeekForHireInc.com  
Chris Eddy  
Principal Geek

**State Farm™**  
Joe Chrisman  
Insurance Agent  
**303-449-7900**  
LOCAL NIWOT RESIDENT  
www.agentjoechrisman.com  
Convenient Downtown Boulder Office Location

# OBITUARY

Continued from Page 1

brother Tallan Shawn Bennett, grandfather Chester Bennett and many great uncles and a great aunt. She is survived by her grandmother Lois Bennett of Niwot, father and stepmother Kelly and Lori Bennett of Longmont, twin sister and brother-in-law Sharon and Brian Guse of Longmont, Shawn Rutherford and son Chayse Rutherford of Loveland, birth mother Mellody Kehr Wilson of Goshen, Indiana, adoptive mother Tina Bennett of Vista, California, uncle and aunt Kirk and Terry Bennett of Long-

mont, uncle and fiancé Kris Bennett and Carol Moore of Niwot, great aunt Arlene Werkmeister of Longmont, half-sisters Arielle and Megan Bennett, four nieces and one nephew of Longmont, as well as many cousins and extended family.

To remember Shannon's life, there will be a celebration of life gathering at 2 p.m. on Sunday Jan. 13, 2019, at Carroll-Lewellen Funeral Home, 503 Terry St., Longmont, CO.

In lieu of flowers, contributions can be made in Shannon's name to any FirstBank location, or mailed to FirstBank, PO Box 150097, Lakewood, CO 80215-9981.

## Obituary

### Richard Alan "Dick" Knaus

(August 29, 1928 – December 24, 2018)



Richard Alan "Dick" Knaus, 90, passed away Dec. 24, 2018 at Longs Peak Hospital after celebrating a traditional Christmas Eve holiday with his family.

Dick was born on Aug. 29, 1928 on the family farm near Niwot, CO, to Dan and Lillian (Wederquist) Knaus. He devoted his life to working the family farm. He was a descendent of the Clemens Knaus family, one of the first settlers in the Left Hand area in 1860.

Dick graduated from Longmont High School in 1946 and attended Colorado A&M for two years. On Feb. 18, 1951 he married Gladys June Loose.

Dick and his brothers, Kenneth and Gordon, continued farming and ranching the homestead until the sale of the land in 1981. At that time, he moved to Holyoke, CO, where he continued farming until 1990, when he retired. After retiring, Dick and Gladys moved

back to Longmont.

As a young man he enjoyed running track in high school, cross country in college, and playing fast-pitch softball at Roosevelt Park. After retirement he and Gladys took up golf and liked to walk at Golden Ponds. They were members of the Supper Club consisting of six couples that played pinochle and enjoyed each other's company over the past 66 years. His family will remember him for his honesty, integrity, work ethic, devotion, humor, teasing twinkly eyes, love of ice cream, and kind heart.

Dick was preceded in death by his parents; brothers Kenneth, Dallas and Gordon Knaus; sisters Muriel Miller, Marian Berryman, Shirley Kenyon and grandson Jay Knaus.

He is survived by his wife Gladys; 5 children, Paula Anderson (Randy), Julie Steele (Randy Williams), Mike Knaus (Sue), Melinda Helgeland (Bob) and Marci Knaus-Roemer (Mark); his sister Roberta Olp (Robert); 19 grandchildren, Kelly Lindner (Peter), Craig Anderson, Seth Steele (Kirsten Larsen), Alison Steele, Emily Dunn (Jeff), Sara Wolleson (Brandon), Gale Williams (Jacques), Justin Williams, Carrie Rubino (Nick), Kirk Knaus, Julie Knaus, Kris McGee (Terrence), Kaitlin Lyon (Jeff), Ryan Helgeland, Alec Helgeland, Melissa Jones, Brittney Rogers (Jeremy), Mitchell Jones and Mollie Gunter (Brandon); 11 great-grandchildren, Petra,

# COLORADO LANDMARK REALTORS

— est. 1977 —

## LUXURY PORTFOLIO INTERNATIONAL®



KAMLA CHOPRA



DEBORAH FOWLER



ED SPREDER



KARLYNN SPREDER



KATHLEEN SPANO



MARA YEHL



KENDRA BAJCAR



BETSY FOLSOM



DONNA JENSEN

<b>UNDER CONTRACT</b>	<b>BACK ON THE MARKET</b>	<b>UNDER CONTRACT</b>
 <p><b>7441 OLD MILL TRAIL, GUNBARREL</b>  <span style="color: blue; font-weight: bold;">\$820,000</span>                      Mara Yehl • 303.579.6879</p>	 <p><b>8525 WATERFORD WAY, NIWOT</b>  <span style="color: blue; font-weight: bold;">\$975,000</span>                      Deborah Read Fowler • 720.378.1217</p>	 <p><b>2707 VALMONT 210 D, BOULDER</b>  <span style="color: blue; font-weight: bold;">\$249,500</span>                      Kamla Chopra • 303.641.5428</p>
<b>UNDER CONTRACT</b>	<b>UNDER CONTRACT</b>	<b>HOME IN FREDERICK</b>
 <p><b>7181 LONGVIEW DR, NIWOT</b>  <span style="color: blue; font-weight: bold;">\$1,375,000</span>                      Deborah Read Fowler • 720.378.1217</p>	 <p><b>9757 NIWOT RD, NIWOT</b>  <span style="color: blue; font-weight: bold;">\$1,495,000</span>                      Deborah Read Fowler • 720.378.1217</p>	 <p><b>5506 MUSTANG DR, FREDERICK</b>  <span style="color: blue; font-weight: bold;">\$629,000</span>                      Kendra Bajcar • 970.571.0525</p>





## We have been delivering in Boulder County since 1923 with free home pickup/delivery.



**We use 100% biodegradable & non-toxic products in our process.**

Call 303.581.0630 for info or for home pickup/delivery signup.



**5280 Spine Road, Gunbarrel**  
**6964 N 79th St., Niwot • www.bouldercleaners.com**

Hannah, Eli, Zachary, Nicholas, Liam, Nora, Eloise, Mac, Bo and Ty and 3 more great-grandchildren expected any day.

A memorial service will be

held at 10:30 am Wednesday, Jan. 2, 2019, at Ahlberg Funeral Chapel. Interment will be held with the family at a later date at Burlington Pioneer Cemetery.

Visit [www.ahlbergfuneralchapel.com](http://www.ahlbergfuneralchapel.com) to share condolences. In remembrance of Richard, please pass on kindness to your family and friends.

## ▶ FAMILIAR FACES: Regina Sidoti



Photo by Vicky Dorvee

It's very likely you've crossed paths with our Familiar Face Regina Sidoti in Niwot where she works at both Subway and the Niwot Tavern. Sidoti, second from right, with her three of her children, Antonio, Shayla, and Leanna.

By VICKY DORVEE  
Editorial@lhvc.com

Serving food is what Regina Sidoti has been doing for as long as she can remember. Sidoti, 45, works at two restaurants in Niwot and a third restaurant in Longmont. You also can find her working concessions at Bronco games and other sporting events. Her can-do attitude and easy, outgoing smile are emblematic of her optimistic outlook.

Sidoti is a very candid, genuine person who believes we all are more alike than not. She said, "There's a little piece of you in every person."

That's why it's a pleasure to present Sidoti as the Courier's Familiar Face this month and learn a bit about her life.

**Left Hand Valley Courier (LHVC) - What do you do for a living?**

**Regina Sidoti (RS) -** I've worked at the Niwot Subway for over 9 years and I manage the one on north Main Street in Longmont too. Managing for Subway means I do the hiring, firing, scheduling, ordering inventory, everything. I also work at the [Niwot] Tavern. I started out as a host, then I was a cook, and now I'm a server. I've been working there for a couple of years.

**LHVC -** What jobs did you do

prior to working at Subway and the Niwot Tavern?

**RS -** I've worked in fast food for 31 years. I managed Taco Bell in Longmont for eight years and I opened the Del Taco in Firestone.

**LHVC -** Where are you from and how long have you lived in the area?

**RS -** I'm from Huntington Beach, California, originally and I moved to Longmont in '92. My mom moved here first and I just kind of followed her out here. I was several months pregnant at the time.

**LHVC -** Tell us about your children.

**RS -** I have a 13-year-old son, a 14-year-old daughter, a

17-year-old daughter, a 25-year-old daughter, and a 27-year-old stepson. He's my [ex]-husband's son.

**LHVC -** What challenges have you had to deal with?

**RS -** When he [my ex-husband] got deported back to Mexico. He had things on his record and one of the lawyers got disbarred and it was just a mess. We were married altogether for 22 years, but together for 16 years. My 13, 14, and 17-year-olds are his children. The challenges of paying the bills, taking care of the kids, keeping a roof over our heads, that's been my thing for seven-and-a-half years. I had help when he was here, he worked. But now, I'm always working.

Also, my 17-year-old is an all-star competitive cheerleader, so I do fundraising all over the place to help with that. She's been doing it since she was five and my 14-year-old is now a cheerleader at Niwot [High School]. So I fundraise at the Bronco's events, the Pepsi Center, Fiddler's Green, CU football games, Dick's Sports Park. All that money goes to a non-profit account and when it's time to buy a uniform or book flights for a [cheerleading] trip, it's there. I've been at the Bronco's stadium for 13 years. We're selling different food at each venue and a percentage of what we sell goes to our non-profit.

I work 60 hours a week at Subway, then I do the Tavern, and then I fundraise. It's 80 to 90 hours a week with my jobs and fundraising together. I use the money for senior pictures, uniforms, stuff that has to do with school or sports. If it wasn't for that, my kids wouldn't get to do what they do.

**LHVC -** What is something that you're proud of accomplishing?

**RS -** I'm very proud of taking care of the kids and making life happen. On top of that, one of my accomplishments is that I'm a recovering addict. That's been a chore and a half for me, but I'm going on ten years clean as of January 20th. Everybody knows and I'm proud of it. I love being able to talk with people about it. I graduated from an integrated drug treatment court program. I had caseworkers and classes. I ran an NA (Narcotics Anonymous) meeting for two-and-a-half years and I've mentored people. It's part of my life.

**LHVC -** Are you married now? If not, are you looking?

**RS -** Nope, I'm not married. And sure, there will be time and I'll be happy again someday. But right now, I just work my butt off and hopefully get my kids to where they need to be.

Please send suggestions for Familiar Faces profiles to Editorial@LHVC.com

# LEFT HAND VALLEY COURIER



**KAMLA CHOPRA GRI, ABR**  
Broker Associate | REALTOR  
136 2nd Ave, PO Box 814  
Niwot, CO 80544

COLORADO  
LANDMARK  
REALTORS  
— est. 1977 —

LUXURY  
PORTFOLIO  
INTERNATIONAL

LEADING  
REAL ESTATE  
COMPANIES  
OF THE WORLD

"I take commitments to clients very seriously, and that is why many Boulder County families have trusted me to find them the perfect environment for them to call home."

*Professional Service With  
Personal Touch*

Buying OR Selling, Call me for ALL your Real Estate Needs  
**303 641 5428**

## SMALL BREWERS

*Continued from Page 2*

and wine was finally allowed in grocery and convenience stores statewide.

Though welcome by most, especially chain retailers and mass-market brewers, the new law is largely regarded as a blow to independent liquor stores, who stand to lose a big chunk of their daily sales.

Bridging the uneasy gap between the two are independent craft breweries, according to Ted Risk, Director of Sales at Wibby Brewing.

“We’re embracing it, because we’re a small business that is growing and needs to adapt to a changing business climate. But we are certainly not doing so without regard to the thoughts of those who helped us get where we are right now.”

Risk and partner Ryan Wibby opened Wibby Brewing in the Butterball truck maintenance facility at 209 Emery Street in Longmont in 2015, and it quickly became one of the area’s largest independent taprooms. Specializing in the lagers, Wibby has seen steady year-to-year growth in both production and foot traffic, thanks to its emphasis on community focused events, such as the recent Holiday Market.

The three-year old brewery has also seen growth in its canning and distribution operations. As of late 2018, Wibby ships its products to dozens of independent retail locations throughout the state, a strategy that Risk is quick to acknowledge helps sustain his company’s growth.

“Market-wise, we’ve just wanted to take every step we

could to make sure that the partners at independent stores know how much we appreciate them,” he said. “Our presence is always consistent in those stores, but more so in the last three months just so people understand that while we are trying to stay ahead of the game and embrace the change, we do have a focus on people who have been by our side from the beginning.”

Wibby is one of approximately 50 independent craft breweries that went through Colorado’s complicated licensing process to gain the right to be sold in grocery stores, along with Niwot’s Bootstrap Brewing Company and Gunbarrel’s Avery Brewing. Risk expects to see Wibby products on the shelves of approximately 30 chain stores on the Front Range after New Year’s Day, including Safeway, King Soopers, Lucky’s Market, and Whole Foods, but he isn’t counting on getting statewide distribution just yet.

“Both King Soopers and Safeway did create their sets more regionally or even hyper-regionally than a lot of people thought they would,” he said. “Which makes sense, because that’s the trend in craft beer statewide. You see breweries that are down in the Lone Tree area really do well down there, and breweries in Boulder County really have a following up here.”

Risk said that ultimately, there isn’t much agreement about how the new law will impact the craft beer industry in particular, but for now he’s choosing to be optimistic.

“I hope that people are just buying more beer because of the convenience of when they’re

in the grocery store, but they’re still going to the liquor stores to get their wine or craft selections that might not be available

in the grocery stores,” he said. “But that’s why I say it’s an unknown. We’re entering into it with the hopes that everybody

can benefit from it, but I really don’t know how it’s going to shake out in the market.”

FREE WIFI



LOOKOUT

cafe & cocktails



Open Daily 7am-9pm / Fri & Sat 7am -10pm

THE PERFECT TRANSITION

*to and from your front door!*

www.LookoutCC.Menu

720-535-9803

Coffee  
Breakfast  
Lunch

Wine  
Cocktails  
Tapas



5385 Gunbarrel Center Court, Boulder, CO 80301

MICHAEL SHURTZ

PAINTING

RESIDENTIAL AND COMMERCIAL  
INTERIORS AND EXTERIORS  
YEAR ROUND CUSTOM PAINTING

303-910-1674



Great Local References • Fully Insured  
mwshurtz@yahoo.com

# IT'S A LAUGHING MATTER

By Mary Wolbach Lopert  
Editorial@lhvc.com

What is it about hair? If we listen to the ads, it's just one more body part we need to feel overly self-conscious about. From the picture-perfect Breck Girls of the 40s and 50s to the Miss "If I have just one life, let me live it as a blonde" Clairol girls, to the poker straight hair of the 60s and the Afro of the 70s, hair is one of the root causes of why women are so dissatisfied with themselves.

I know, because I've made most of these companies rich. As a child I whined, because I wanted Toni Jr. perm and Spoolies, while as a teenager I ran to hair straighteners. Then there was the Farrah Fawcett look of my 20s, but we won't go there.

Yet, as I approach early-late-middle age, I still find myself fiddling with my hair - this time it's covering the more than occasional gray ones.

There are those who have no problem flaunting their pigment-challenged locks; Sadie and I are not among them. While we

have so far eschewed all facial fillers and body sucking systems, we have drawn the line at gray hair.

I've gone with a lighter ash color, while Sadie, against my advice, has tried to keep her natural dark brown color even though it doesn't match her skin tones anymore. But we still swear we hear the "sprong" sound these hairs make as the gray stealthily takes over. There are days when we feel the only solution is to just stick my head in a bucket of ash and be done with it.

It was over a glass of "whine" and some cheese that we came up with our chart as to how we got to this place. Simply put, we developed the S&M Onomatopoetic Sprong-O-Meter for determining which events have caused our locks to give up the ghost and go gray. Here is a sampling.

### S&M Onomatopoetic Sprong-O-Meter

*Events listed in the S&M (that's Sadie and Mary - get your mind out of the gutter) Onomatopoetic Sprong-O-Meter are an amalgamation of incidents. The terms*

*"spouse" and "child/children" are not meant to describe specific people, but instead convey the concept of what these terms imply. Any resemblance to real events or people is purely coincidental and any spouses and/or children who think otherwise should get their own lives thereby rendering this column moot.*

- Kids who use plastic bags as parachutes to jump from balconies
- Having to refill every TP holder in a house with four bathrooms in a single day.
- Boarding a plane and realizing you've left "the needs to be refrigerated" liquid antibiotic on the kitchen counter.
- Discovering a flooded basement is not covered by insurance.
- Discovering that once your basement has flooded, you are ineligible for flood insurance, but they will insure the top part of your house that wasn't flooded.
- Receiving a call that a child is standing up through a sunroof of a car with a newly minted driver at the wheel.
- Receiving second call saying that the same child is mooning a

# A Bucket Of Ash

carload of girls, but not through the sunroof.

- Being awakened at 3 a.m. by a child who says, "I can explain."
- Having a sheriff's deputy come to the door wanting an explanation.
- Said child being subpoenaed because of the explanation.
- Having a spouse discover during a family wedding that his child has a tattoo.
- Body piercing.
- Spouses who wait until the thunderstorm is right over the house to clean out the gutters.
- Spouses who wait to put up the holiday lights until it is almost dark with a blizzard fast approaching.
- Returning from a vacation with a sick child where there has been a plague outbreak.
- Doctors who say, "Those tonsils should have been removed five years ago."
- Lawyers who say, "You can't sue the city for causing the flood because of British Common Law."
- Discovering that all those times you've "smelled something," it was really the electrical wires

frying, because a spouse used a 100-watt bulb in a 40-watt socket.

- Noticing that the new beige towels are now a peculiar dirt brown color.
  - Realizing there's been no soap in the kids' bathroom for a week.
  - Discovering the odd tasting "expensive" whiskey was filled with tea to compensate for the missing liquid.
  - Receiving a call at 4:15 a.m. that your child did not disembark from an international flight and that the police and customs agents have listed him as "gone missing internationally."
- Actually, this last item goes beyond the Sprong-O-Meter's range, because the call caused most of your hair to fall out and you will need the Hair Club for Men instead.
- Of course there are those who have suggested that instead of sticking my head in a barrel of ash, that it might be more appropriate to stick it where the sun don't shine.
- I don't know, I think the color would be too dark, don't you?



## START THE NEW YEAR ON A HIGH NOTE



**STARBUDS**

**NIWOT**

Open Daily from 10AM - 7PM

6924 N. 79th St, Niwot  
(720) 340-4548



**WINNER '18**

**WEEKLY**

**Best of Boulder™**

*east county*



**STARBUDS**

**LONGMONT**

Open Daily from 9AM - 7PM

7521 Ute Hwy #66, Longmont  
(303) 651-0709





# Bad weather driving...some call it ski season

By TROOPER GARY CUTLER  
*Special to the Courier*

It's that time of year again, which means snow storms are on the horizon. Bad weather isn't all that bad, because with it comes all of the fun activities we like to do in Colorado such as skiing, sledding, skiing, hiking, and skiing/snowboarders.

I joke about the ski season, but when we see a good snow storm, that's when skiers and snowboarders head to the slopes in larger groups than normal. Let's talk about the situations where we just have to get around in snow storms.

Reduced speed is always a key factor to staying safe when driving on snow, or ice packed roadways. It's winter, so make sure you take that extra step to have the time to drive to your destination safely, which means slower than normal speeds. Bad weather doesn't necessarily mean we have to have bad driving.

One situation that worries me is black ice. Ice is the unseen danger that is often a factor in winter time driving. I've see people going lower speeds when they are on snow packed roads only to speed up to, or beyond the speed limit once the road clears. The road may still be wet, and with cold temperatures that means it can and often freezes to the road surface. Just because you don't see it, doesn't mean it's not still there.

Slick roads also mean it's harder to stop when less than favorable road conditions exist. Give that extra distance needed to stop when snow or ice are present. It's hard to give just one correct distance for bad road conditions. Use good common sense and the rule of thumb that it could take double the distance on wet roads and up to as much as 10 times the distance on snow and ice packed roadways to safely stop.

Also be prepared to travel in bad weather. This means having enough "survival gear" to make

it through a dangerous situation if you get stuck on the roadway. This doesn't always mean you're stuck because you have crashed or slid off the roadway. It could be just that the weather is so bad the roadways have been shut down and you are stuck with everyone else traveling with no way to get off the road for a while.

Even when you are just going on a short trip, there can be situations where you need emergency equipment with you. The items that can save a life are: blankets, flares/emergency triangles, water, shovel, food/snacks, and cell phone. I probably don't have to remind anyone to make sure they bring their phone though.

Here are my final tips for winter driving. When roads are dry, drive as if it's raining. When roads are wet, drive as if it's snowing. When roads have snow on it, drive as if it's ice. When roads have ice on it, think about staying home that day.

So there you have it, a few sim-



Courtesy Photo

Trooper Gary Cutler of the Colorado State Patrol

ple tips to help keep you safe when driving in bad weather this year.

As always, safe travels!

The morning Table

GOOD FRIENDS. GOOD FOOD. GREAT DAY.

**NOW OPEN**



6565 GUN PARK DRIVE, STE 190 • BOULDER, CO 80301 • 954.854.3544 • THEMORNINGTABLE.COM



# SCHOOL NEWS

## New aviation club takes off at Niwot



Courtesy Photo

Members of Niwot's new Aviation Club toured United Airlines Flight Training Center in Denver on Dec. 21.

By Jocelyn Rowley  
Editorial@lhvc.com

For Niwot freshman Francis Bunting, flying isn't just a hobby, it's a lifelong passion. So when he learned that his new school didn't have an Aviation Club, he decided to take matters into his own hands.

"My dad is a United pilot, and my grandfather before him was an Air Force pilot, so it runs in the blood," he said. "I wanted to involve other kids who are passionate about the same thing. So,

as soon as school started, I went to my math teacher, Ms. Rickley, and got a sponsor."

Bunting recruited a friend from middle school and launched his club, without quite knowing what to expect. However, it quickly became apparent that Niwot was home to several like-minded aviation fans. He started holding meetings on alternate Mondays, and the group soon blossomed to 12 members, many of them upperclassmen.

"It's been pretty successful so far," he said. "Obviously, based

on the number of members we have, there was quite a bit of interest in that type of thing, just not an opportunity."

Bunting said the club is geared toward both hobbyists and those hoping to make their living in aviation. Their first semester schedule included a wide range of activities, from modeling and drone flying, to guest speakers from the Navy, Buckley Air Base, and the Air Force Academy. They also took a

*Continued on Page 11*

## Zach Ackerman is back

*Special to the Courier*

Zach Ackerman came back for the music.

Ackerman, who suffered a debilitating brain injury as a result of complications from surgery in the summer of 2017, played trumpet in the Niwot High School Band. He also played football at NHS, and was active in scouting before his injury.

As a sophomore, Ackerman also joined the Niwot Community Semi-Marching Free Grange Band, playing trumpet for several community events. As a result of that experience, he joined the brass section of the Community Band as part of a brass quintet, performing Christmas Carols with the group on Christmas Eve in 2016 at the Niwot United Methodist Church.

Then came a brain condition in the summer of 2017 which caused him to suffer seizures and led to an operation at the UCLA Medical Center in Los Angeles. Complications from the surgery caused a stroke and led doctors to believe Ackerman could not survive, and word spread quickly among the many friends of the popular student.

But the outpouring of grief, including flowers and a makeshift shrine at the high school sign along Niwot Road, turned into a message of prayers, hope and support when Ackerman did not die, and instead began a long road toward recovery.

Since the injury, Ackerman has spent many days in rehab and is has been back home for over a year. Though he uses a wheelchair to get around, and his vision is limited by difficulty raising his eyelids, he hasn't

lost his sense of humor and his love for life.

Last spring he was able to come to a Niwot High School baseball game where his brother Cooper Ackerman was playing. Players and coaches made a point of stopping to see Ackerman and welcome him back. He also attended a football game, enjoyed seeing his principal and other teachers, and was happy to hear that his senior buddies on the team won their Homecoming game.

On Christmas Eve this year he joined his family at Niwot United Methodist Church, specifically, as his father Tim said, "to listen to the music." The brass quintet from the Community Band was back in action at the service. Fellow trumpet players Paul Schafer and Katie Warren, as well as musicians Rick Clark, Biff Warren, Mike Weiss and Wally Moffett all had a chance for a quick visit with Ackerman after the service.

"It warmed my heart to see Zach," Biff Warren said, "and to see him smile. He's an inspiration to all of us."

"It was nice to have Zach be able to hear the sounds of the band again," Tim and Lisa Ackerman said in an email. "It's amazing that two years ago he was there playing. Zach has always been such a strong healthy man, and we're thankful he remains healthy and building strength. He now goes to therapies in Loveland and works on his coordination and communication. As his stroke primarily affected the 'communication' part of his brain, it's a constant battle for his smart brain to try to make his body do what he wants. He keeps a great attitude and is always trying to improve."

## Boulder County's Finest European Auto Specialists for 34 Years!

Quality Sales, Service & Parts Since 1984

MERCEDES BENZ • AUDI • BMW • PORSCHE • VOLVO  
MINI COOPER • VW • LAND ROVER • JAGUAR



**GUNBARREL IMPORT MOTORS**  

283 2nd Ave., Niwot  
Off the Boulder / Longmont Diagonal

Locally owned  
and operated!

303.652.3040  
www.gunbarrelmotors.com



# Niwot grad Riley Herbst named USHL Goaltender of the Week

By Jocelyn Rowley  
Editorial@lhvc.com

On Dec. 3, Niwot graduate Riley Herbst received Goaltender of the Week honors from the United States Hockey League for his performance in the Chicago Steel's 5-1 win over the Central Illinois Flying Aces two days earlier. Herbst saved 20 of 21 shots on the night, and helped

the Steel extend their winning streak to seven.

Herbst is in his first season with the Steel, and is 5-2 in seven appearances. On Dec. 8, he saved a season-high 26 shots against the Omaha Lancers. His last victory came Dec. 16, a 4-3 win over Youngstown when he saved 23 of 26 shots.



[WWW.LHVC.COM](http://WWW.LHVC.COM)  
303-845-3077

**osmosis**  
fine art and unique gifts

**JANUARY SALE!**  
20-50% OFF Everything!

290 2nd Ave 303-652-2668 hrs: 9-5:30 m-f 11-3 sat. osmosisartgallery.com

**NIWOT REAL ESTATES' SMOKE SIGNALS!**

Barb Ponesse, Pat Murphy, Charlotte Woodward, Tara Littell, Ann Mills, Todd Goad, Pat McCarthy

Coming Soon: 7+ acres, ranch style home and water. Within walking distance to Niwot

<p><b>Niwot - New Condo!</b></p> <p><b>\$365,000</b></p> <p>8033 Countryside Prk. #206 Pat Murphy 303-589-7025</p> <p>2 bdrm, 2 bath &amp; loft with views. East sun in the morning. Walk to town.</p>	<p><b>SOLD!</b></p> <p><b>\$779,000</b></p> <p>6664 Cherokee Court Pat Murphy 303-589-7025</p> <p>4 bdrm, 3 bath with updated kitchen and baths. Beautifully landscaped yard. 3 car garage.</p>	<p><b>Best of Both Worlds!</b></p> <p><b>\$1,225,000</b></p> <p>6940 Monarch Park Court Pat Murphy 303-589-7025</p> <p>Town close, country lot. 4 bdrm, 3 bath. Totally updated with views. Spaces for many activities in the finished lower level. 1+ acre lot with no HOA.</p>
<p><b>Better Than New!</b></p> <p><b>\$819,000</b></p> <p>1633 Dorothy Cr. - SW Longmont Pat Murphy 303-589-7025</p> <p>5 bdrms, 4 baths, open floor plan &amp; designer upgrades.</p>	<p><b>Under Contract!</b></p> <p><b>\$392,500</b></p> <p>1217 Linden - Longmont Charlotte Woodward 720-317-1128</p> <p>2,000 sq. ft. with 4 bdrms, updated baths. Wood flooring in most rooms. 2 car garage.</p>	<p><b>Under Contract!</b></p> <p><b>\$749,999</b></p> <p>7380 Dry Creek Rd. Pat Murphy 303-589-7025</p> <p>3 bdrm., 2 1/2 bath. Room to expand. Lovely deck with new awning backing to private open space. Good light streams in the many windows in all rooms.</p>
<p><b>SOLD!</b></p> <p><b>\$215,000</b></p> <p>708 Charlotte - Johnstown Pat Murphy 303-589-7025</p> <p>Cute charmer in old town within walking distance to town</p>	<p><b>SOLD!</b></p> <p><b>\$1,200,000</b></p> <p>8525 Monte Vista Pat Murphy 303-589-7025</p> <p>Original home built in the 70's needs remodeling or a new home to be built. NO HOA. Possible division into 2 lots. Large storage garage.</p>	

**LIVE GREEN IN NIWOT.** Walk to schools, town events and trails.

LEFT HAND VALLEY  
**COURIER**

# AVIATION

Continued from Page 10

number of field trips, including a very special one to close out the year.

"We were invited to tour the training center at United, and that was a big deal for us, because usually they only give

tours to college level kids," Bunting said. "We got all the kids in the simulator, an exact replica of the cockpit, full motion and all of that."

The club also provides tools and training for members working towards their pilot's license, as well as career counseling. Two members are currently licensed, though that's not everyone's

goal, Bunting acknowledged.

There's really a lot of different things you can do in aviation, not just be a pilot," he said. "We have one kid who's very interested in weather—hurricane hunters and that sort of stuff—and some kids who are very interested in the photography aspect."

Bunting and the Aviation club are looking ahead to a

busy second semester. They will be orienting at least four new members right off the bat, boosting membership by a third. They are also hoping to schedule an outing to the Wings over the Rockies Air Museum, located on the former Lowry Air Force Base. Bunting said the growing club will also be increasing its presence at Longmont's Vance Brand airport, and may eventually hold their regular meetings there.

Additionally, Bunting said the club will be attending to more prosaic chores, such as membership drives and fundraising,

which will help underwrite some of the club's longer term projects. An in-school flight simulator isn't going to pay for itself, after all.

"We're either going to do some sort of bake sale at Niwot, or something aviation related," Bunting said. "Maybe set up a booth at a school event and let people fly drones for a donation."

For more information about the Niwot Aviation Club, visit their website at nhsaviation.strikingly.com. The club will be discussing simulators at the next meeting, on Monday, Jan. 7 at 2:45pm in Ms. Rickley's room.



Courtesy Photo

Members of the NHS Aviation Club met with Air Force pilot Jayce Yeager last fall.

**Whiskers & Tails**  
Pet Sitting

Promise to keep them purrin' & waggin' while you're away.

KATHY KESTER  
owner  
303.581.9990  
303.579.6807 (cell)

**NHS SPORTS**  
SCHEDULE  
WEEK OF JAN. 3 - JAN. 9

**Thursday, Jan. 3**  
Boys & Girls basketball @ Roughrider Shootout, Roosevelt HS  
10am - Boys bb vs Denver West  
11:40am - Girls bb vs D'Evelyn

**Friday, Jan. 4**  
Boys & Girls basketball @ Roughrider Shootout, Roosevelt HS  
10am - Boys bb vs Skyview  
11:40am - Girls bb vs Steamboat Springs  
6pm - Wrestling vs. Longmont

**Saturday, Jan. 5**  
Boys & Girls basketball @ Roughrider Shootout,

Roosevelt HS  
8am - Wrestling - Gary Daum Tournament, Niwot  
9am - Girls Swim & Dive - Mtn. View Invite, Loveland  
3pm - Girls bb vs Grand Junction Central  
4:40pm - Boys bb vs Conifer

**Tuesday, Jan. 8**  
5:30pm - Girls bb vs Northridge  
7pm - Boys bb vs Northridge

**Wednesday, Jan. 9**  
6:30pm - Girls bb vs Thompson Valley  
7pm - Boys bb @ Thompson Valley

**FRONT RANGE ORTHOPEDICS & SPINE**  
1610 Dry Creek Dr. Longmont  
303.772.1600  
FrontRangeOrthopedics.com

"Within 10 minutes of Niwot and Gunbarrel"

You know me, I think there ought to be a big old tree right there. And let's give him a friend. Everybody needs a friend.  
Bob Ross

we trees

**TADDIKEN TREE co**  
taddikentree.com 303.554.7035

**BANK OF ESTES PARK**  
NIWOT BRANCH

*Our Customers Are Our First Priority*

7980 Niwot Road - Niwot, CO 80503  
(303) 652-8082  
www.bankofestespark.com

FDIC



# SPORTS

## David Bote - now everybody knows his name



Photo by Bruce Warren

Chicago Cubs rookie David Bote, who grew up in the Niwot area, had an impressive season in 2018, including a walk-off grand slam homerun on ESPN.

By BRUCE WARREN  
Sports@lhvc.com

For players' weekend, major league baseball allows players to put a nickname on the back of their jerseys. For David Bote, a Chicago Cubs infielder who spent his formative years on the baseball fields of Niwot, the choice was easy - "Boat."

For the few baseball fans who weren't watching when Bote hit a 2-out, 2-strike, bottom of the ninth, grand slam, walk-off homerun to beat the Washington Nationals, 4-3, on national TV last August 12, the correct pronunciation of his last name is "Bo'-tee" with a long "e" on the end of "boat." No other major leaguer had turned that trick on a 3-0 deficit in the ninth inning since 1936, and that came with nobody out.

After spending six seasons in the minor leagues, Bote had heard numerous mispronuncia-

tions of his last name, including a few by MLB announcers after he made his major league debut in Colorado on April 21. Not anymore, as a recent article on MLB.com noted, naming Bote as part of "10 Players whose names you learned in 2018."

David Bote's father, Bob Bote, spent 28 seasons as head coach of the Niwot High School baseball team. David Bote played youth baseball in Longmont and Niwot, including a NYS competitive team where he played with current NHS assistant baseball coach Connor Messinger.

After his father stepped down as NHS coach, David Bote played one season at Erie High School before transferring to Faith Christian Academy, where he was coached by his brother, NHS grad Danny Bote, and his father. Though Bote was a solid player in high school, earning Class 3A Player of the Year honors in 2011, scouts were not beating down his door.

After spending his first semester of college at his brother's alma mater, Liberty University as a walk-on, Bote transferred to Neosho Junior College in Kansas which had recruited him out of high school. Bote played shortstop and second base, and hit .419 for Neosho, which made it to the JUCO World Series in Grand Junction that season. Bote's teammate, Matt Strahm, who now pitches for the San Diego Padres, was being scouted heavily, and Bote's performance in the field and at the plate did not go unnoticed. The Cubs drafted him in the 18th round in 2012, three rounds earlier than Strahm was drafted by the Royals.

Bote, who played shortstop in college, spent his first few years in the Cubs organization as a utility infielder, never getting a shot at playing one position for a whole season. He was often promoted to fill in for an injured player, including stints at AA and AAA. When he was sent back to

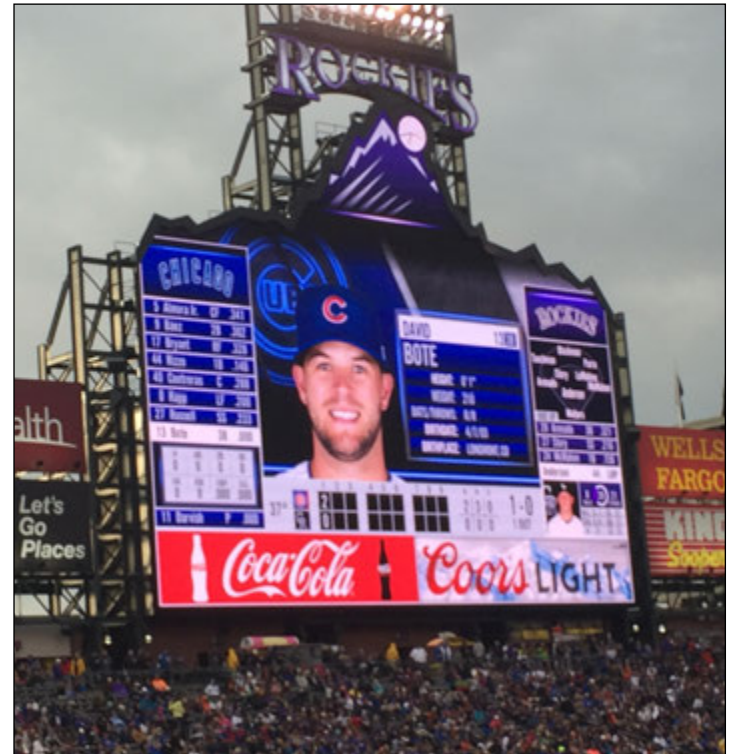


Photo by Bruce Warren

"Now batting for the Cubs, third baseman David Bote." David Bote's family and friends in Colorado saw his name in the starting lineup for the Chicago Cubs April 21, 2018, for his major league debut. Bote doubled in his first MLB plate appearance.

Class A in 2016, he considered giving up the game, but his wife Rachel urged him to stay with it. That decision paid off as he had a solid season at Myrtle Beach, leading the team in hitting, and earning the MVP award in the playoffs. He was no slouch in the field either, as a sliding over-the-shoulder, back-to-the-plate catch of a foul ball just before hitting the bullpen bench earned him the MiLBY Play of the Year honors for all levels of minor league baseball.

In 2017 he was promoted to AA Tennessee, where he again led the team in hitting, while playing the entire season at second base. Bote opened some eyes in the Cubs organization and was one of a handful of players invited to play in the Arizona Fall Instructional League, where he dominated at the plate and was named to the All-Prospect team.

That led to a promotion to the Cubs' 40-man roster during

the offseason, so he wouldn't be lost to another organization through the Rule 5 draft, and he went to spring training with the big league club. There he continued to open more eyes, including those of newly-hired and well-respected infield coach Brian Butterfield. Butterfield liked what he saw so much that he made Bote the example for what he wanted to see from the major league infielders in a workout routine. The other infielders included All-Stars Anthony Rizzo, Javier Baez, Addison Russell, Kris Bryant and Ben Zobrist.

Though he started the 2018 season on option to AAA Iowa, he was recalled by the Cubs on April 21 when Zobrist went down with an injury. Manager Joe Maddon didn't waste any time getting the 25-year-old an opportunity, starting him at third base against the Rockies

Continued on Page 14

## BOTE

Continued from Page 13

in Denver as soon as he arrived. Bote didn't disappoint, lining a double to right-centerfield in his first plate appearance in front of 30-some members of his family.

In spite of a solid performance, Bote was sent back to Iowa on a week later when Zobrist returned, but came back to the majors again on May 18. All in all, he made five trips between Iowa and Chicago before he came back up to stay on July 26 to replace the injured Bryant. He finished his first season with a .239 batting average, six homers and 33 RBIs. In half a season at Iowa, he hit .268 with 13 homers and 41 RBIs, which led to his selection by Baseball America as the Cubs organization's Minor League Player of the Year.

Although Bote played primarily third base while filling in for the injured Bryant, he also saw action at first base, second base, shortstop and leftfield for the Cubs, continuing his utility role that fits well with Maddon's system. His efforts at third base and second base earned high praise from Cubs announcers over the course of the season.

Bote's walk-off grand slam wasn't his only clutch homer of the season. Two weeks earlier he hit a game-tying two-run homer in the ninth inning of



Photo by Bruce Warren

Chicago Cubs rookie David Bote, who grew up in the Niwot area, had an impressive season in 2018, including a walk-off grand slam homerun on ESPN.

a game the Cubs won when Anthony Rizzo followed with another homerun two pitches later against the Diamond-

backs. And two weeks later he hit another walk-off homer to beat Cincinnati 3-2.

Bote joined Bryant and Gab-

by Hartnett as the only Cub rookies with multiple walk-off homers, and became the third rookie in MLB history with multiple walk-off homers in a single month. At the end of August he was second in major league baseball in average exit-velocity, a new stat that measures the speed of the baseball off the bat. Bote checked in at 94.5 mph, second only to Yankee All-Star Aaron Judge. And when it came to the rate of hard-hit balls, Bote topped the majors at the end of August. His exit velocity, according to the Statcast leaderboard, actually improved in September to 95.3 mph, but he finished third in MLB behind Joey Gallo and Miguel Cabrera. And he finished fourth in hard-hit rate at 52.8 percent. His launch angle, however, was one of the lowest, yet has improved over his career.

Bote was quoted in an article by The Athletic. "I had one of the

highest exit velos [velocity] in the organization, but with a really low launch angle," he said. "So they were saying if we could use that exit velo and get a little bit more launch angle."

This offseason has seen the Cubs trade veteran utility infielder Tommy LaStella to the Angels, which could be an indication that Bote's frequent trips to Iowa are over. Although Bryant is healthy again and expected to take his place again at third base, shortstop Addison Russell will miss the first month of the season due to a suspension, with the likely result that All-Star second baseman Javier Baez will move to short. That would put Bote in competition with Zobrist and infielder-outfielder Ian Happ for playing time at second base.

Spring Training games start Feb. 23 for the Cubs, who come to Denver June 10, 11 and 12.



# ▶ Classifieds

## ROUTE & SUBSTITUTE CARRIERS

The Left Hand Valley Courier is looking for route & substitute carriers to deliver the Courier door-to-door. Candidates must be self-starters with transportation, available on a moment's notice and pay attention to No Delivery details. If you are interested in filling in, please email editorial@lhvc.com.

## LIFE COACHING

Sign up now for our New Year's Eve Resolution Group. We all need accountability to help us grow. Make 2019 your best. Small, intimate groups now forming- 5 week sessions with Dr. Stacy Goresko. Sundays at 4:00pm from Jan. 6-Feb 3rd. And Thursday evenings Jan. 10-Feb. 7th from 6:30-7:30pm. You can also form your own group and have me facilitate. \$10 per six participants. Location: 240 B 2nd Ave, Niwot 80503. For more info call or email Stacy at 720-290-2707, DrStacy@Think-OutsideTheBoxCoaching.com

## DOG WALKING, SITTING AND TRAINING

Animals are my passion. Dogs really are man's best friend. Please call if I can help you out. Your pet will be loved, cared for and fit. Longtime resident of Niwot. Stacy Goresko, Ph.D. 720-290-2707

## GUITAR LESSONS

### EASY GUITAR TAUGHT EXPERTLY

Learn your favorite songs, quickly, at home! 4 one-hour lessons for \$150 locally. All ages/styles. 303-349-2763 soyouwannaplayguitar.com

## PAINTING

### MICHAEL SHURTZ PAINTING:

**Residential & Commercial**  
Interiors & Exteriors  
GREAT Local References  
\*Fully Insured\*  
mwhurtz@yahoo.com  
303-910-1674

## NIWOT HISTORIC POSTCARDS

New Historic Niwot (watercolor) postcards for sale, By Jane Langdon.

Four different street scenes! Now available at Little Bird, Osmosis, and The Niwot Market. Original artwork available directly from the artist. 303-652-2723

Classified Ads - Business or Personal  
The Left Hand Valley Courier Classifieds ads - \$21 flat rate, 8 lines (6 words per line).

Send a check with your ad, name and phone number to the Left Hand Valley Courier, P.O. Box 652, Niwot, CO 80544.

Contact advertising@lhvc.com with questions.  
The deadline for the ad is the Thursday prior to next week's publication.

**VINTAGE**  
- MOTORS -  
[www.vintagemotorslyons.com](http://www.vintagemotorslyons.com)  
303-93195280  
Specializing in European and Classic American Cars  
Sales - Consignments - Appraisals

**All-Pro Lawns Inc**  
• Aeration & Fertilization • Complete Lawn Care • Fall & Spring Cleanup • Full Landscaping Services • Rock • Mulch • Flagstone Work  
• Tree & Shrub Planting • Shrub Trimming/Shaping • Tree Removal  
• Hauling • Boulder Placement • Cedar & Vinyl Fencing  
**303-776-7632**  
Highly Reliable & Personal • Commercial, Residential & HOA • Fully Insured Professionals

**Porchfront HOMES**



Custom Homes and remodels  
as unique as the people who live in them  
[www.porchfronthomes.com](http://www.porchfronthomes.com)  
102 2<sup>nd</sup> Avenue Niwot  
303-44BUILD



**Lunch  
& Learn  
Week!**

**Monday — Friday | January 14th — 18th at 11 am**  
*The Lodge at Balfour • 1331 E. Hecla Dr., Louisville, CO*

INDEPENDENT LIVING ASSISTED LIVING SKILLED NURSING MEMORY CARE

**BALFOUR**  
 SENIOR LIVING  
 A New Generation of Retirement Living

*Exceptional Senior Living  
 and the Freedom to Enjoy It.*

Join us for lunch and find out why Balfour Senior Living is an easy choice. There is so much to consider when deciding on a community. Balfour would like to invite you and your friends to an informational luncheon and tour. See for yourself why our residents love to call Balfour home. Pick a day. Ask questions, tour our community and enjoy lunch—on us!

.....

Please RSVP: 303.867.6385  
 or [snorthcutt@BalfourCare.com](mailto:snorthcutt@BalfourCare.com)  
 These events are FREE but seating is limited.

.....

[www.BalfourCare.com](http://www.BalfourCare.com)

- Serving Niwot, Boulder County and Denver
- 20 Year Resident of Niwot
- 16 Year Realtor, RE/MAX of Boulder

Helping neighbors buy and sell

**RE/MAX of Boulder INC.** c. 720.320.2429  
 o. 303.449.7000

[tinadiscipio@remax.net](mailto:tinadiscipio@remax.net)  
[www.tinadiscipio.com](http://www.tinadiscipio.com)

*Thank you for your continued support*

**tina di scipio**  
 RE/MAX of Boulder